

Living The Lie

Count: 48

Wand: 4

Ebene: Intermediate waltz

Choreograf/in: Chris Hodgson (UK)

Musik: Stop Living The Lie - David Sneddon



LEFT TWINKLE, RIGHT TWINKLE

- 1-3 Cross left over right, step right next to left, step left next to right
4-6 Cross right over left, step left next to right, step right next to left

CROSS-HOLD, CROSS-HOLD (TRAVELING SLIGHTLY FORWARD)

- 1-3 Cross left forward in front of right, hold for 2 counts
4-6 Cross right forward in front of left, hold for 2 counts

BOX ¼ TURN LEFT, CROSS-UNWIND ½ LEFT

- 1-3 Cross left over right, step back on right, ¼ turn left stepping left to left side
4-6 Cross right over left, unwind ½ turn left over 2 counts (weight ends on right)

COASTER STEP, FORWARD-POINT SIDE-HOLD

- 1-3 Step back on left, step right next to left, step forward on left
4-6 Step forward on right, point left toe to left side, hold for 1 count

LEFT SAILOR STEP, RIGHT SAILOR STEP

- 1-3 Step left behind right, step right to right side, step left to left side
4-6 Step right behind left, step left to left side, step right to right side

¼ TURN SWEEP LEFT, SWEEP BACK RIGHT

- 1-3 On ball of right make ¼ turn left sweeping left foot out and around to end behind right over 2 counts, hold for 1 count
4-6 Sweep right foot out and around to behind left over 2 counts, hold for 1 count

FULL TURN LEFT, SIDE RIGHT-SLIDE

- 1-3 Full turn to left side stepping on left-right-left (alt: vine to left)
4-6 Step right to right side, slide left next to right over 2 counts (no weight)

SIDE LEFT-SLIDE, CROSS-ROCK ¼ TURN

- 1-3 Step left to left side, slide right next to left over 2 counts (no weight)
4-6 Cross right over in front of left, rock weight back onto left, step right ¼ turn right

REPEAT
