

Liverpool Fling

Count: 0

Wand: 4

Ebene: Advanced

Choreograf/in: Stephen Sunter (UK)

Musik: One Night Stand - Mis-Teeq



Sequence: ABC, ABC, AA, B 16 Counts Only Tag, BB

PART A

WALK, WALK, HEEL, SLAP, HEEL, SLAP, STEP, STEP FORWARD, ½ TURN, STEP BACK

- 1-2 Step forward right, step forward left
- 3& Touch right heel forward, hitch right & slap knee with right hand
- 4& Touch right heel forward, hitch right & slap knee with right hand
- 5-6 Step down on right, step forward left
- 7-8 Pivot ½ turn right keeping weight on left, step back on right

TWIST HEELS ½ TURN, STEP BACK, POINT & BUMP, STEP FORWARD, SIDE STEP, POINT BEHIND, SIDE STEP

- 9&10 Twist heels left, center, left making ½ turn right and keeping weight on left
- 11-12 Step back right, point back left and push left hip back
- 13-14 Step forward left, make ¼ turn left and step right-to-right side
- 15-16 Point left behind right, step left to side and slide right toward left

KICK ACROSS, SIDE STEP, CROSS STEP LEFT, UNWIND ½ RIGHT, REPEAT

- 17&18 Kick right in front of left, step right to side, cross step left over right
- 19&20 Bounce heels making ½ turn right and keeping weight mainly on left
- 21&22 Kick right in front of left, step right to side, cross step left over right
- 23&24 Bounce heels making ½ turn right and keeping weight mainly on left

STEP BACK, CROSS STEP, SIDE STEP TWICE, STEP BACK, CROSS STEP, ¾ UNWIND, KICK BALL STEP

- &25-26 Step back right, cross step left over right, step right to side
- &27-28 Step back left, cross step right over left, step left to side
- &29-30 Step back right, cross step left over right, turn ¾ right keeping weight left
- 31&32 Kick right, step right next to left, step forward left

PART B

STOMP, FLICK, STEP, MASH POTATO, STOMP, FLICK, STEP, MASH POTATO

- 1&2 Stomp right heel next to left, flick right heel back and to the side, step right slightly forward
- &3 Split heels, bring heels together dragging right foot back
- &4 Split heels, bring heels together dragging left foot back (keep weight on right)
- 5&6 Stomp left heel next to right, flick left heel back and to the side, step left slightly forward
- &7 Split heels, bring heels together dragging left foot back
- &8 Split heels, bring heels together dragging right foot back (keep weight on right)

BACK ROCK, ¾ TURN, DIP DOWN, TOGETHER, SHOULDER MOVE, STEP FORWARD, ½ PIVOT

- 9-10 Rock back left, replace weight to right
- 11-12 Make ¾ turn right on ball of right foot and step left next to right, large step right and crouch down
- 13 Drag and touch left next to right while standing
- &14 Lift right shoulder and lower left, lift left shoulder and lower right
- 15-16 Step forward left, pivot ½ right keeping weight back on left

STEP BACK, HAND, HIPS BUMPS, KICK, CROSS SHUFFLE

17-18 Step back right, place right hand on right hip

Alternatively you can just click your fingers

19&20&21 Bump hips forward, back, forward, back, forward

When bumping hips start standing and dip knees, and finish standing

22-23&24 Kick left, cross-left over right, step back right, cross left over right

UNWIND $\frac{3}{4}$, CROSS STEP, SIDE STEP, TOUCH BEHIND, $\frac{1}{4}$ TURN STEP, FULL TURN WITH TOUCH

25-26 Unwind $\frac{3}{4}$ right finishing with weight on right, cross step left over right

27-29 Step right, touch left behind right, make $\frac{1}{4}$ turn left and step forward left

&30&31&32 Make a full turn left, hitching right on the & counts and pointing on the whole counts

PART C

STOMP, FLICK, STEP, MASH POTATO, BACK OUT, OUT, CLAP

1&2 Stomp right heel next to left, flick right heel back and to the side, step right slightly forward

&3 Split heels, bring heels together dragging right foot back

&4 Split heels, bring heels together dragging left foot back (keep weight on right)

5-6 Large step back left, drag right next to left

&7-8 Step right slightly back and out, step left slightly to left, clap

TAG

1-2 Sweep right leg and make a $\frac{3}{4}$ turn right, step back right and pop left knee

3-4 Pop right knee, pop left knee

Transfer weight to left ready to start Part B.
