

# Live It Up

Count: 64

Wand: 4

Ebene: Intermediate/Advanced

Choreograf/in: Diane Martin (USA) & Bub Martin (USA)

Musik: Straighten Up and Fly Right - Neal McCoy



## DIAGONAL SWIVEL STEPS, HOLDS

- 1-2 Swivel heels to the left and step forward and diagonally to the right on right foot; swivel heels to the center and step left foot next to right
- 3-4 Swivel heels to the left and step forward and diagonally to the right on right foot; hold and clap hands
- 5-6 Swivel heels to the right and step forward and diagonally to the left on left foot; swivel heels to the center and step right foot next to left
- 7-8 Swivel heels to the right and step forward and diagonally to the left on left foot; hold and clap hands

## DIAGONAL SWIVEL STEPS, HOLDS, FORWARD SWIVEL STEPS, HOLD

- 9-10 Swivel heels to the left and step forward and diagonally to the right on right foot; hold and clap hands
- 11-12 Swivel heels to the right and step forward and diagonally to the left on left foot; hold and clap hands
- 13-14 Swivel heels to the left and step forward on right foot; swivel heels to the right and step forward on left foot
- 15-16 Swivel heels to the left and step forward on right foot; hold and clap hands

## PADDLE TURNS, DIAGONAL STEP - SLIDES, SCUFF

- 17-18 Step forward on ball of left foot; pivot  $\frac{1}{4}$  turn to the right on ball of left foot and shift weight to right foot
- 19-20 Step forward on ball of left foot; pivot  $\frac{1}{4}$  turn to the right on ball of left foot and shift weight to right foot
- 21-22 Step forward and diagonally to the left on left foot; slide right foot next to left and step
- 23-24 Step forward and diagonally to the left on left foot; scuff right foot next to left

## JAZZ SQUARE, TOUCH, TO THE LEFT ROLLING TURN, TOUCH

- 25-26 Cross right foot over left and step; step back on left foot
- 27-28 Step to the right on right foot; touch left foot next to right
- 29-30 Step to the left on left foot and begin a full to the left rolling turn traveling to the left; step on right foot and continue full to the left rolling turn
- 31-32 Step on left foot and complete full to the left rolling turn; touch right foot next to left

## STEP-SLIDE RIGHT, TOUCH, TOE TOUCHES, HEEL SLAP, HOLD

- 33-34 Step to the right on right foot; slide left foot next to right and step
- 35-36 Step to the right on right foot; slide left foot next to right and touch
- 37-38 Touch left toe forward; touch left toe out to the left
- 39-40 Cross left foot up and behind right leg and slap heel of left foot with right hand; hold

## STEP-SLIDE LEFT, TOUCH, TOE TOUCHES, HEEL SLAP, HOLD

- 41-42 Step to the right on left foot; slide right foot next to right and step
- 43-44 Step to the right on left foot; slide right foot next to right and touch
- 45-46 Touch right toe forward; touch right toe out to the left
- 47-48 Cross right foot up and behind left leg and slap heel of right foot with left hand; hold

## VINE RIGHT, KICK, VINE LEFT, KICK

- 49-50 Step to the right on right foot; cross left foot behind right and step
- 51-52 Step to the right on right foot; lean back and rock onto right foot, raise hands to head height about shoulder width apart and kick left foot forward and diagonally to the left
- 53-54 Step to the left on left foot; cross right foot behind left and step
- 55-56 Step to the left on left foot; lean back and rock onto left foot, raise hands to head height about shoulder width apart and kick right foot forward and diagonally to the right

**VINE RIGHT, KICK, VINE LEFT WITH ¼ TURN, TOUCH**

- 57-58 Step to the right on right foot; cross left foot behind right and step
- 59-60 Step to the right on right foot; lean back and rock onto right foot, raise hands to head height about shoulder width apart and kick left foot forward and diagonally to the left
- 61-62 Step to the left on left foot; cross right foot behind left and step
- 63-64 Step a ¼ turn to the left on left foot; touch right foot next to left

**REPEAT**

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