

Like A Man!

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Heather Gargiulo (NZ)

Musik: Leave Like a Man - Tania Kernaghan



ROCKING CHAIR, STEP ¾ TURN, STEP, FORWARD SHUFFLE

- 1-2 Rock forward right, recover back onto left
- 3-4 Rock back right, recover forward onto left
- 5-6 Step forward right then turn ¾ left on ball of right, step forward left
- 7&8 Shuffle forward right left right

STEP ¾ TURN, STEP, WALK WALK, STEP ½ TURN, FORWARD SHUFFLE

- 9-10 Step forward left then turn ¾ right on ball of left, step forward right
- 11-12 Walk forward left, walk forward right
- 13-14 Step forward left, ½ turn right onto right
- 15&16 Shuffle forward left right left

SIDE HOLD, CROSS SHUFFLE, SIDE HOLD, CROSS SHUFFLE

- 1-2 Step right to right side, hold
- 3&4 Step left across right, step right to right side, step left across right
- 5-6 Step right to right side, hold
- 7&8 Step left across right, step right to right side, step left across right

SIDE ROCK, CROSS SIDE, ¼ TURN ROCK, STEP BACK, ½ TURN STEP, ¼ TURN

- 1-2 Rock right to right side, recover onto left in place
- 3-4 Step right across left, rock left to left side
- 5-6 Turn ¼ right then rock forward onto right in place, step back onto left in place
- 7 Turn ½ right then step forward right
- 8 Turn a further ¼ right on ball of right

SIDE ROCK, FORWARD SHUFFLE, SIDE ROCK, FORWARD SHUFFLE

- 1-2 Rock step left to left side, recover onto right in place
- 3&4 Shuffle forward left right left
- 5-6 Rock right to right side, recover onto left in place
- 7&8 Shuffle forward right left right

STEP ½ TURN, LOCK SHUFFLE, SIDE ROCK ½ HINGE, SIDE ROCK, CLOSE

- 1-2 Step forward left, ½ turn right onto right
- 3&4 Step forward left, lock right behind left, step forward left
- 5-6 Rock right to right side, recover onto left in place and ½ hinge right on ball of left
- 7-8& Rock right to right side, recover onto left in place, step right beside left

SIDE ROCK ½ HINGE, SIDE ROCK, SAILOR, SAILOR

- 1-2 Rock left to left side, recover onto right in place and ½ hinge left on ball of right
- 3-4 Rock left to left side, recover on to right in place

The next counts, 5-8, are moving backwards

- 5&6 Cross left back and behind right, rock right to right side, recover onto left in place
- 7&8 Cross right back and behind left, rock left to left side, recover onto right in place

BACK BACK, BACK COASTER, WALK WALK, STEP ½ TURN

- 1-2 Step back left, step back right

3&4 Step back left, step right beside left, step forward left
5-6 Walk forward right, walk forward left
7-8 Step forward right, ½ turn left onto left

REPEAT

TAG

On walls 2, 4, 5, and 6, miss out the first 16 counts and dance only counts 17-64

ENDING

Replace the last ½ turn of the dance with a full turn left to bring you back to the front, and step right out to right side
