

Life's Essentials

COPPER KNOB
BY STEPHENETS

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Kevin Smith (AUS) & Maria Smith (AUS)

Musik: Food, Water, Shelter, Love - Adam Brand



CROSS, STEP, BEHIND, & HEEL, & FORWARD, DOROTHY, ½ PIVOT

- 1-2-3&4 Cross/step right over left, step left to side, step right behind left, step left to side, right heel forward right diagonal
- & Step right next to left (moving towards right diagonal)
- 5-6&7 Step left forward, lock right behind left, step left forward, step forward right (Dorothy step)
- 8 ½ pivot turn left (still a diagonal facing approx 8:00)

½ SHUFFLE TURN, STEP BACK, CROSS, & ½ TURN, STEP FORWARD, FULL TURN

- 1&2-3-4 ½ shuffle turn left stepping right-left-right (facing front), step back left, step right across left
- &5-6 Step back left, ½ turn right step forward right, step forward left
- 7&8 Full turn back over right shoulder step right-left-right

& SPLIT STEP, & SPLIT STEP, & OUT, & STEP FORWARD, ¾ TURN, STEP RIGHT-LEFT

- &1-2 Take weight left, big step back right, drag left to right take weight left
- &3-4 Take weight right, big step back left, drag right to left touch right next to left
- &5&6 Step right to side, step left to side, & step right to center, step forward left
- 7-8 ¾ turn left step forward right-left

ROCK, RETURN, 1 ¼ TURN, ¾ TURN, STEP & OUT FORWARD, & OUT BACK

- 1-2-3&4 Rock/step right over left, return weight left, 1 ¼ cha-cha turn right stepping right-left-right
- Alternate step: rock, return ¼ turn right shuffle forward**
- 5-6 Step forward left, right, ¾ turning right
- &7 Step forward left, step out to side right
- &8 Step back left, step back right to side
- & Take weight on left

REPEAT

TAG

End of wall 6 (facing back wall finish count 32 crossing right over left)

- 1-2-3-4& Tap right heel 4 times, & lift right foot off floor to start dance

Finish

You will be facing front wall at rock right over left, take weight left, 1 ¼ cha-cha turn right, turn 1 ¾ turn right stepping right-left-right-left