

Life's A Beach (P)

COPPER **KNOB**
BY STEPHENETS

Count: 32

Wand: 0

Ebene: Partner

Choreograf/in: Lucie Murphy (CAN) & Raynald Dumont (CAN)

Musik: Life Is a Beach - The Bellamy Brothers



Position: Skater (Hands crossed in front, Right hands over left hands) Mirror image

SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE

1-2 **MAN:** Rock left to left, bring weight back on right foot
 LADY: Rock right to right, bring weight back on left foot

Man passes behind lady while passing arms over lady's head

3&4 **MAN:** Cross shuffle left-right-left to right crossing in front of right foot
 LADY: Cross shuffle right-left-right to left crossing in front of left foot

5-6 **MAN:** Rock right to right, bring weight back on left foot
 LADY: Rock left to left, bring weight back on right foot

Man passes behind lady while passing arms over lady's head

7&8 **MAN:** Cross shuffle right-left-right to left crossing in front of left foot
 LADY: Cross shuffle left-right-left to right crossing in front of right foot

STEP FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD, STEP FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD

1-4 **MAN:** Step forward on left, pivot ½ turn right RLOD, shuffle left-right-left forward
 LADY: Step forward on right, pivot ½ turn left RLOD, shuffle right-left-right forward

5-8 **MAN:** Step forward on right, pivot ½ turn left LOD, shuffle right-left-right forward
 LADY: Step forward on left, pivot ½ turn right LOD, shuffle left-right-left forward

WALK 2X (LADY FULL TURN), SHUFFLE FORWARD, WALK 2X, (MAN FULL TURN), SHUFFLE FORWARD

Release left hands

1-2 **MAN:** Walk forward left, walk forward right
 LADY: Walk forward right, left while completing 1 full turn right

Retake skater position

3&4 **MAN:** Shuffle left-right-left forward
 LADY: Shuffle right-left-right forward

Release right hands

5-6 **MAN:** Walk forward right, left while completing 1 full turn left

Retake skater position

LADY: Walk forward left, walk forward right

7&8 **MAN:** Shuffle right-left-right forward
 LADY: Shuffle left-right-left forward

STEP ¼ TURN, CROSS STEP, SHUFFLE ¼ TURN, ROCK, RECOVER, COASTER STEP

1-2 **MAN:** Step left ¼ turn right, step right behind left foot OLOD
 LADY: Step right ¼ turn left, step left behind right foot ILOD

3&4 **MAN:** Shuffle left-right-left ¼ turn left LOD
 LADY: Shuffle right-left-right ¼ turn right LOD

5-6 **MAN:** Rock forward on right, bring weight back on left foot
 LADY: Rock forward on left, bring weight back on right foot

7&8 **MAN:** Step back on right, step left next to right foot, step forward on right
 LADY: Step back on left, step right next to left foot, step forward on left

REPEAT

