Life Changes



Count: 32 Wand: 1 Ebene: Intermediate

Choreograf/in: Myrtle Guice (USA)

Musik: Remember When - Alan Jackson



RIGHT SCISSOR, RIGHT ½ TURN, (2X)

Step right foot to right side, step left foot next to right foot, cross right foot over left foot

Make ¼ right turn by stepping back on left foot (facing 3:00), make another ¼ right turn by

stepping right foot to right side (facing 6:00), cross left foot over right foot

5&6 Repeat 1&2(facing 9:00) 7&8 Repeat 3&4 (facing 12:00)

STEP, CROSS, STEP, CROSS ¼ RIGHT TURN, ¾ UNWIND RIGHT TURN, LEFT WEAVE, ROCK, RECOVER

&1&2 Step right foot to right side, cross left foot over right foot, twice

&3-4 Make ¼ right turn by stepping forward on right foot, cross left foot over right foot making ¾

right turn with a ronde sweep shifting weight onto left foot

5&6 Step right foot behind left foot, step left foot to left side, cross right foot over left foot

7-8 Rock left foot to left side, recover weight onto right foot

LEFT AND RIGHT SAILORS, 1/4 LEFT COASTER TURN, FULL LEFT TURN

Step left foot behind right foot, step right foot in place, step left foot to left side Step right foot behind left foot, step left foot in place, step right foot to right side

5&6 Make ¼ left turn by stepping back on left foot (9:00), step right foot next to left foot, step

forward onto left foot

7-8 Make ½ left turn by stepping back on right foot (facing 3:00), make another ½ left turn by

stepping left foot forward(9:00)

Option: for those who do not wish to make the full turn, walk right, left

ROCK, RECOVER, ½ RIGHT SHUFFLE TURN, ROCK, RECOVER, LEFT ¼ LEFT CHASSE TURN

1-2 Rock forward onto right foot, shift weight onto left foot

3&4 Make a right ½ shuffle turn (right, left, right)

5-6 Rock forward onto left foot, shift weight onto right foot

7&8 Make ¼ left chasse turn (left, right, left)

REPEAT

TAG

Sway hips from right to left for two counts after dance completions 1,2 and 4 Sway hips from right to left for four counts after the dance completion 6