

Let It Flow

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Val Reeves (UK)

Musik: Under The Moon - Redfern & Crookes



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|-------|--|
| 1-2 | Right toe tap floor, kick right forward |
| 3&4 | Right coaster step (right step back left step beside right step forward) |
| 5-6 | Left rock forward, right rock back |
| 7&8 | Left triple step turning $\frac{1}{2}$ turn left |
| 9-10 | Right rock forward, left rock back |
| 11&12 | Right triple step turning $\frac{1}{2}$ turn right |
| 13-14 | Full spin on left then right (turn 1 full turn) |
| 15&16 | Left shuffle forward |
| 17&18 | Right heel forward, step on ball of right foot crossing left over right (right heel ball cross) |
| 19-20 | Rock right to side, recover on left |
| 21&22 | Right shuffle across left (moving left) |
| 23-24 | Left step left pivot turn $\frac{1}{4}$ right |
| 25-26 | Walk forward left walk forward right |
| 27-28 | Walk forward left, right foot flick backwards turning $\frac{1}{4}$ turn left on ball of left foot |
| 29-30 | Step right forward, kick left foot forward |
| 31-32 | Left toe touch back turn $\frac{1}{2}$ turn to left recover weight on left |

REPEAT
