

# Lay Down Sally

Count: 68

Wand: 2

Ebene: Intermediate

Choreograf/in: Marissa Canale (UK)

Musik: Lay Down Sally - Rod Stewart



## **FORWARD ROCK, RECOVER, SHUFFLE ½ TURN RIGHT, ROCK, RECOVER, COASTER STEP**

- 1-2 Rock forward on right, recover on left
- 3&4 Shuffle ½ turn right on right, left, right
- 5-6 Rock forward on left, recover on right
- 7&8 Step back on left, step right next to left, step forward on left

## **STEP, ¼ TURN LEFT, FORWARD SHUFFLE, WEAVE LEFT, SIDE ROCK, RECOVER, CROSS**

- 1-2 Step forward on right, turn ¼ left
- 3&4 Shuffle forward on right, left, right
- 5&6& Step left to side, step right behind left, step left to side, cross right over left
- 7&8 Rock left to side, recover on right, cross left over right

## **WEAVE RIGHT, SIDE ROCK, TURN ¼ LEFT, STEP, ¼ TURN RIGHT TWICE, CROSS ROCK, RECOVER SIDE**

- 1&2& Step right to side, step left behind right, step right to side, cross left over right
- 3&4 Rock right to side, recover on left turning ¼ left, step forward on right
- 5-6 Turn ¼ right stepping left to side, turn ¼ right stepping right to side
- 7&8 Cross rock left over right, recover on right, step left to side

**Restart: after step 24 on wall 3 (facing 6:00)**

## **FORWARD ROCK, RECOVER, COASTER STEP, STEP, ¼ TURN RIGHT, FORWARD SHUFFLE**

- 1-2 Rock forward on right, recover on left
- 3&4 Step back on right, step left next to right, step forward on right
- 5-6 Step forward on left, turn ¼ right
- 7&8 Shuffle forward on left, right, left

## **POINT, POINT, SAILOR ¼ TURN RIGHT, CROSS ROCK, RECOVER, CHASSE LEFT**

- 1-2 Point right foot to front, point right foot to side
- 3&4 Step right foot behind left, step left foot to side turning ¼ right, step right foot next to left
- 5-6 Cross rock left over right, recover on right
- 7&8 Chasse left on left, right, left

## **ROCK BACK, RECOVER, SIDE, BEHIND, SIDE, CROSS, SIDE ROCK, ¼ TURN LEFT, FORWARD SHUFFLE**

- 1&2 Rock right behind left, recover on left, step right to side
- 3&4 Step left behind right, step right to side, cross left over right
- 5-6 Rock right to side, recover on left turning ¼ left
- 7&8 Shuffle forward on right, left, right

## **SIDE, TOGETHER, FORWARD, SIDE, TOGETHER, BACK, SWING, SWING, SAILOR ¼ TURN LEFT**

- 1&2 Step left to side, step right next to left, step forward on left
- 3&4 Step right to side, step left next to right, step back on right
- 5-6 Swing left behind right, swing right behind left
- 7&8 Swing left behind right turning ¼ left, step right to side, step left next to right

## **SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, CROSS, FORWARD ROCK, RECOVER, FULL TURN RIGHT**

1&2 Rock right to side, recover, cross right over left  
3&4 Rock left to side, recover, rock left over right  
5-6 Rock forward on right, recover on left  
7&8 Full turn right on right, left, right

**FORWARD MAMBO, BACK ROCK, RECOVER**

1&2 Rock forward on left, step right in place, step left next to right  
3-4 Rock back on right, recover on left

**REPEAT**

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