

Lamtarra Rhumba

Count: 56

Wand: 4

Ebene: Intermediate

Choreograf/in: Tony Chapman (UK)

Musik: Cowboy Mambo - Tom Russell



- 1-4 Left foot step to left; right foot slide to left; left foot step forward; hold
- 5-8 Right foot step to right; left foot slide to right; right foot step back; hold
- 9-12 Small step to left with left & hip bump; hip bump to right; then left; hold
- 13-16 Small step to right with right & hip bump; hip bump to left; then right; hold
- 17-20 Step forward left on two beats; step forward right on two beats
- 21-22 Cross left over right & rock forward then rock back on right
- 23-24 Step back on left & hold
- 25-28 Step forward right on two beats; step forward left on two beats
- 29-30 Cross right over left & rock forward then rock back on left
- 31-32 Step back on right; hold
- 33-36 Step left to left; close right to left; step left to left; hold
- 37-40 Step right back & behind left; rock onto left; step right to right; hold
- 41-48 Step left behind right; right step to right; left cross in front of right; right step to right; left cross behind right; right step to right; left cross in front of right; pivot on left ¼ turn left
- 49-52 Step right foot forward on two beats; step left foot forward on two beats
- 53-56 Right foot step forward into ¼ turn left; left foot step to right; right foot step ¼ turn right into LOD on two beats

REPEAT