

# Laid Back And Lazy

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Lesley Johnston (AUS)

Musik: Lazy Bones - Beccy Cole



## **POINT TOGETHER, POINT ¼ TURN LEFT, POINT TOGETHER, POINT ¼ TURN LEFT**

- 1-3 Point right toe to side, bring right to meet left, point left to side  
4 Bring left back to meet right as you ¼ turn to left  
5-7 Point right toe to side, bring right to meet left, point left to side  
8 Bring left back to meet right as you ¼ turn to left

## **STEP BEND ROLL HIPS TOGETHER, STEP BEND ROLL HIPS TOGETHER**

- 9 Step right to side while you slightly bend knees & roll hips  
10-12 Continue to roll hips for counts 10-11 then touch left beside right  
13 Step left to side while you slightly bend knees & roll hips  
14-16 Continue to roll hips for counts 14-15 then touch right beside left

## **HEEL HOLD, TOE HOLD, POINT TOGETHER, ¼ TURN LEFT TOGETHER, POINT TOGETHER, POINT**

- 17-20 Right heel forward, hold, right toe back, hold  
21&22 Point right toe to side, bring right to meet left, ¼ turn left & left heel forward  
&23&24 Bring left together, point right to side, bring right to meet left, point left to left side

## **ACROSS & POINT (VOLTA), ACROSS & POINT, ACROSS & POINT, ACROSS ½ TURN RIGHT**

- 25&26 Moving forward-cross left over right, point right to side, step left in place  
27&28 Moving forward-cross right over left, point left to side, step right in place  
29&30 Moving forward-cross left over right, point right to side, step left in place  
31&32 Crossing right over left as you ½ turn right, step down on left then right

## **ACROSS & POINT (VOLTA), ACROSS & POINT, ACROSS & POINT, ACROSS ¾ TURN RIGHT**

- 33&34 Moving forward-cross left over right, point right to side, step left in place  
35&36 Moving forward-cross right over left, point left to side, step right in place  
37&38 Moving forward-cross left over right, point right to side, step left in place  
39&40 Crossing right over left as you ¾ turn right, step down on left then right

## **SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, CROSS & CROSS**

- 41-43 Step/rock left to side, step/rock right to side, step left behind right  
&44& Step right to side, step left across right  
45-47 Step right to side, step/rock onto left, cross right over left  
&48& Step left to side, cross right over left

## **FULL TURN, SIDE ROCK CROSS, SIDE ROCK CROSS, HIPS RIGHT-LEFT**

- 49&50 Commencing a full turn to right, step back on left, continue turn stepping right then left (weight now on left)  
51&52 Step/rock to right side, step/rock to left side, cross right over left  
53&54 Step/rock left to side, step/rock to right side, cross left over right  
55&56 Step right to right & push hips to right, then push hips to left

## **ROLLING VINE & CLAP, ROLLING VINE & CLAP**

- 57-60 Rolling vine to right-stepping right-left-right bring left together lean & clap  
61-64 Rolling vine to left-stepping left-right-left bring right together lean & clap

## **REPEAT**

