

# Laid Back

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Helen O'Neill (IRE)

Musik: Lay Back In the Arms of Someone - Smokie



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- 1-2 Tap right toe to front & back (while tapping toe to back look over right shoulder)  
3&4 Shuffle forward right, left right  
5-6 Tap left toe to front & back (while tapping toe to back look over left shoulder)  
7&8 Shuffle forward left, right left
- 9-10 Step forward on right foot, pivot ½ turn over left shoulder  
11&12 Shuffle forward right, left right  
13-14 Step forward on left foot, pivot ½ turn over right shoulder  
15&16 Shuffle forward left, right left
- 17-18 Rock out to right side, recover weight on left  
19&20 Step right across left, step left to side, cross step right over left  
21-22 Rock out to left side, recover weight on right  
23&24 Step left behind right, step right to side, cross left over right while doing a ¼ turn over right shoulder on last step
- 25-26 Step right to right side, step left behind right  
27&28 Side close side to right  
29-30 Cross rock left over right, recover weight on right foot  
31&32 Side close side to left

**REPEAT**

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