

Ladies Night

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Teresa Lawrence (UK) & Vera Fisher (UK)

Musik: Ladies Night - Atomic Kitten



TOUCH FORWARD, SIDE, SAILOR ¼ TURN RIGHT, ROCK REPLACE, TRIPLE ½ TURN

- 1-2 Touch right toe forward, touch right toe to right side
3&4 Sailor ¼ turn right 3:00
5-6 Rock forward on left, replace weight on right
7&8 Triple ½ turn over the left shoulder, stepping left, right, left. 9:00

PIVOT ½ TURN LEFT, COASTER STEP, SKATE RIGHT, LEFT SHUFFLE

- 1-2 Step forward on right foot, pivot ½ turn left (keeping weight on right foot)
3&4 Coaster left, right, left
5-6 Skate forward right, skate forward left
7&8 Shuffle forward right, left, right 3:00

SIDE ROCK & CROSS AND HOLD(CLICK FINGERS) SIDE ROCK, SAILOR ¼ TURN RIGHT

- 1-2-3-4 Rock, left to left side, replace weight on right, cross left over right, hold on count 4 (optional click fingers)
5-6 Rock right to right side, replace weight on left
7&8 Sailor ¼ turn right 6:00

CROSS ROCK REPLACE CHASSE SIDE, CROSS ROCK REPLACE DRAG STEP

- 1-2 Cross rock left over right, replace weight on right
3&4 Chasse left to left side
5-6 Cross rock right over left, replace weight on left
7-8 Take a big step to the right side, and drag left up to right and put weight on it

REPEAT

RESTART

On the third wall you do first 20 counts, up to the side rock, replace, cross, hold, then restart the dance facing the 3:00 wall
