

# La Rueda

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Susan Bangonkale (SG)

Musik: La Rueda - Frankie Ruiz



## **MAMBO RIGHT, LEFT AND BACK, ½ PIVOT RIGHT TURN & ROLL**

- 1&2 Rock right on right, rock back onto left, step back on right  
3&4 Rock left on left, rock back onto right, step back on left  
5&6 Rock back on right, rock forward onto left, step forward on right  
7-8& Step left forward ½ pivot turn ending with right toe pointing next to left, hip roll

## **RIGHT KICK, BODY ROLL, TOE TOUCHES, SAILOR STEPS**

- 1&2 Right kick forward, step back right, left  
3&4 Body roll  
5&6 Touch right out to right, recover and left out to left  
7&8 Step left behind right, recover and step left slightly forward

## **FULL TURN, ROCK ¼ RIGHT ¼ LEFT, ¼ RIGHT SAILOR**

- 1-2 Step right forward and full right turn  
3&4 Rock right ¼ to the right, rock left ¼ to the left, recover on the right  
5&6 Rock left ¼ to the left, rock right ¼ to the right, recover on the left  
7&8& Rock right behind left with ¼ right turn, recover on the left, step right slightly forward

### **Switch weight to the left**

## **ROCK ¼ TWICE, BACK MAMBO, PIVOT ½ TURN, HITCH**

- 1-2 Rock right ¼ to the right, recover on left  
3-4 Repeat 1-2  
5&6 Rock back on right, rock forward onto left, step forward on right  
7-8 Step left forward ½ turn on the ball, hitch on the right with body leaning slightly back

## **REPEAT**

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