

Knock Knock Knocking

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Lois Lightfoot (UK)

Musik: Knocking On Heaven's Door - Rebel Yell



SAILOR SHUFFLES AND SKATES FORWARD

- 1&2 Right foot step behind left, left foot step to side, right foot step in place
- 3-4 Skate diagonally forward on left foot, skate diagonally forward on right foot
- 5&6 Left foot step behind right, right foot step to side, left foot step in place
- 7-8 Skate diagonally forward on right, skate diagonally forward on left foot

STOMP, HOLD, SHUFFLE FORWARD TWICE

- 9-10 Stomp right foot forward, hold for 1 beat
- 11&12 Left shuffle forward stepping - left, right, left
- 13-14 Stomp right foot forward, hold for 1 beat
- 15&16 Left shuffle forward stepping - left, right, left

ROCK FORWARD, SHUFFLE ¼ RIGHT, WEAVE WITH ¼ TURN RIGHT

- 17-18 Rock forward on right foot, rock weight back onto left
- 19&20 Make ¼ shuffle turn over right shoulder stepping - right, left, right
- 21-22 Cross left foot over right, step right foot to right side
- 23-24 Step left foot behind right, step right foot to right side making ¼ turn right

ROCK FORWARD, SHUFFLE ¾ LEFT, STEP, HOLD, AND SIDE ROCK

- 25-26 Rock forward on left foot, rock weight back onto right
- 27&28 Make ¾ shuffle turn over left shoulder stepping - left, right, left
- 29-30 Step right foot to right side, hold for 1 beat
- &31 Step left foot beside right, step right out to side & rock onto right foot
- 32 Recover weight onto left foot

REPEAT
