

Knock Knees

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Carol Carleton (AUS)

Musik: Knock On Wood - Amii Stewart



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|-------|--|
| 1&2 | Shuffle forward right-left-right |
| 3&4 | Shuffle forward left-right-left |
| 5-6 | Step forward on right, pivot $\frac{1}{2}$ turn left to face the back wall |
| 7-8 | Repeat to face the front wall |
| 9&10 | Shuffle sideways to the right |
| 11-12 | Rock back on left, recover |
| 13&14 | Shuffle sideways to the left |
| 15-16 | Rock back on right, recover |
| 17-18 | Moving backwards - step back on right diagonal, touch left to right |
| 19-20 | Step back left, touch right to left |
| 21-22 | Step back on right, touch left to right |
| 23-24 | Step back on left and $\frac{1}{4}$ turn to left, scuff and bring right foot to left |
| 25-28 | (Weight even) turn toes out, heels out, toes out, hold |
| 29-32 | Moving inwards, toes in, heels in, toes in, hold |

REPEAT
