

Knee Buckle Hustle

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Chris Godden (UK)

Musik: Always Have, Always Will - Ace of Base



KICK BALL STEP APART, HEELS IN, TOES IN. KICK BALL TOUCH LEFT, CROSS OVER RIGHT, ¾ PIVOT RIGHT

- 1&2 Kick right forward. Step right slightly right. Step left slightly left
3-4 Swivel both heels. Swivel both toes in
5&6 Kick right forward. Step right beside left, point left toe to left
7-8 Cross left over right. Pivot ¾ turn right

SHUFFLE BACK, ROCK STEP, SHUFFLE FORWARD, STEP ½ PIVOT LEFT

- 1&2 Step back right. Close left beside right. Step back right
3-4 Rock back on left. Rock forward on right
5&6 Step forward left. Close right beside left. Step forward left
7-8 Step forward right. Pivot ½ turn left

KICK BALL STEP, APART, HEELS IN, TOES IN. KICK BALL TOUCH LEFT. CROSS OVER RIGHT, ¾ PIVOT RIGHT, SHUFFLE BACK, ROCK STEP, SHUFFLE FORWARD, STEP ½ PIVOT LEFT

- 1-16 Repeat steps 1-16

TOE STRUTS FORWARD, WALK BACK & CLOSE

- 1-2 Touch right toe forward. Drop right heel to floor with weight
3-4 Touch left toe forward. Drop left heel to floor with weight
5-8 Step back right left right and close left to right

SIDE RIGHT, HOLD, CROSS, HOLD, UNWIND AND PUSH. JUMP TWICE

- 1-2 Step right to right side (click fingers with arms out to sides), hold
3-4 Cross left over right (cross arms in front of chest), hold
5-6 Unwind ¾ turn right. Push right hand to front
7-8 Jump forward twice with feet slightly apart. (drop arm down.)

KNEE ROCKS AND STOMP

- 1-2 Rock weight to left with right knee bent in, hold
3-4 Rock weight to right with left knee bent in, hold
5-8 Rock weight to left, rock weight to right. Stomp left twice

KICK, KICK, COASTER STEP KICK. KICK, COASTER STEP

- 1-2 Right kick twice
3&4 Step back on right. Step left beside right. Step forward right
5-6 Left kick twice
7&8 Step back on left. Step right beside left. Step forward left

REPEAT
