Kickin' Up



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Marg Jones (CAN)

Musik: Up! - Shania Twain



Start with feet slightly apart

HITCH, TOUCH, KICK "UP", STEP, HOOK, TURN, STEP, TOUCH ACROSS

1	Hitch right knee up across left
2	Touch right toe out to right

3 Kick right diagonally across left ("up" as high as comfortable - don't strain anything)

4 Step right beside left (slightly apart)

5 Hook left toe around right side of right heel

6 Pivot ¼ turn right on ball of right (by "dragging" right heel with left toe)

7 Step back on left

8 Touch right toe across to left side of left foot

STEP, BEHIND, &CROSS, KICK "UP"

9 Step right to right

10 Step left across behind right

&11 Quickly step right on right; step left across front of right

12 Kick right diagonally right "up" (careful!)

JAZZ BOX 34 RIGHT W/SHUFFLE

13 Step right across left

14 Step back on left, making ¼ turn right

15&16 Shuffle step on the spot, right, left, right, making ½ turn right

TOE STRUT, TOE STRUT, STEP, KICK, STEP, TOUCH BACK

17-18	Step forward on left toe, lower heel (shimmy your hips for counts 17-20 if you like)
19-20	Step forward on right toe, lower heel
21-22	Step forward on left, kick right foot forward
23-24	Step right in place, touch left toe back

STEP, PIVOT ½ RIGHT, SHUFFLE ¼ RIGHT, STEP, CLOSE, WALK RIGHT, LEFT

25-26	Step forward on left, make 1 /2 turn right, ending weight on right
27-28	Shuffle left, right, left, making ¼ turn right
29-30	Big step right to right, step left beside right
31-32	Walk forward right, left

REPEAT

At end of 2nd and 4th repeats leave off last 4 counts