Kickin' It



Count: 40 Wand: 4 Ebene: Improver

Choreograf/in: Melanie Painter (USA)

Musik: Man of Me - Gary Allan



CHA-CHA STEPS, KICK BALL CHANGES

1&2- Quick step right-left-right (also called cha-cha steps or shuffles)
3&4- Kick left foot come down on ball of left, then change weight to right

5&6- Quick step left-right-left

7&8- Kick right foot, come down on ball of right, then change weight to left

JAZZ BOX WITH 1/4 TURN RIGHT, KICKS

9-12 Cross right over left, step back on left, step to side on right doing ¼ turn right, step left in

place

13-14 Kick right foot forward twice15-16 Kick right foot back twice

KNEE HITCH WITH 1/4 TURN LEFT

17 Hitch right knee

18 (With knee still raised) pivot on ball of left foot to do a ¼ turn to left

CHARLESTON KICKS

19 Step forward on right 20 Kick left foot forward 21 Step back left 22 Touch right toe back 23-26 Repeat steps 19-22

RIGHT GRAPEVINE WITH ½ TURN RIGHT

27 Step out on right

28 Step behind right with left

29 Step to right side make ¼ turn to right

30 Touch left beside right making another ¼ to right (which results in a ½ turn)

STEP TOUCH

31 Step left to left side32 Touch right next to left

GRAPEVINE 1/4 TURN RIGHT

33 Step to side on right 34 Step behind right with left

35 Step to side on right making ¼ turn right

36 Touch left in place

STEP SLIDES

37 Step left to left side 38 Step right next to left 39 Step left to left side 40 Touch right next to left

REPEAT

