

# Kicking And Spinning

Count: 56

Wand: 4

Ebene:

Choreograf/in: Amber Alex (USA)

Musik: A Little Less Talk and a Lot More Action - Toby Keith



## LEFT KICK BALL POINT, RIGHT KICK BALL POINT, SHUFFLE FORWARD LEFT-RIGHT-LEFT, ROCK STEP

- 1&2 Kick left forward, rock back on ball of left, point right out to right side (kick ball point)  
3&4 Kick right forward, rock back on ball of right, point left out to left side (kick ball point)  
5&6 Shuffle forward left-right-left  
7-8 Rock forward on right, back on left

## SHUFFLE BACK RIGHT-LEFT-RIGHT, ROCK STEP BACK, ¼ PIVOT LEFT TO SHUFFLE LEFT-RIGHT-LEFT

- 1&2 Shuffle back right-left-right  
3-4 Rock step back on left, forward on right  
5&6 Pivot ¼ to left on right foot and shuffle forward left-right-left

## JAZZ SQUARE, HEELS LEFT, SHUFFLE RIGHT, HEELS RIGHT, SHUFFLE LEFT W. RIGHT FOOT LEAD

- 7-8 Cross right over left, back on left  
1-2 Step to right on right, left beside right  
3 Swivel right on balls of feet so heels to left  
4&5 Shuffle right-left-right to the right  
6 Swivel left on balls of feet so heels to right  
7&8 Shuffle right-left-right to the left

## CROSS LEFT OVER RIGHT, CROSS RIGHT OVER LEFT ¾ UNWIND

- 1 Cross left over right  
2 Cross right over left  
3-4 Unwind ¾ to left to face original wall

## RIGHT KICK BALL POINT, LEFT KICK BALL POINT, SHUFFLE FORWARD RIGHT-LEFT-RIGHT ROCK STEP

- 5&6 Kick right forward, rock back on ball of right, point out to left side  
7&8 Kick left forward, rock back on ball of left, point right out to right side  
1&2 Shuffle forward, right-left-right  
3-4 Rock forward on left, back on right

## SHUFFLE BACK LEFT-RIGHT-LEFT, ROCK STEP BACK, ¼ PIVOT TO RIGHT & SHUFFLE RIGHT-LEFT-RIGHT

- 5&6 Shuffle back on right, rock forward on left  
7-8 Rock step back on right, rock forward on left  
1&2 Pivot ¼ turn to right on left foot & shuffle forward right-left-right

## JAZZ SQUARE, HEELS LEFT, SHUFFLE RIGHT, HEELS RIGHT, SHUFFLE LEFT WITH RIGHT FOOT LEAD

- 3-6 Cross left over right, back on right, step to left on left, right beside left  
7 Swivel left on balls of feet so heels to left  
8&1 Shuffle right-left-right to the right  
2 Swivel left on balls of feet so heels to right  
3&4 Shuffle right-left-right to the left

**JAZZ SQUARE**

5-8                    Cross left over right, back on right, step to left on left, right beside left

**REPEAT**

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