

Kick'n Swing

Count: 40

Wand: 4

Ebene: Intermediate east coast swing

Choreograf/in: Peter Schwan & Heidi Hlousek (DE)

Musik: Family Tree - Lee Roy Parnell



KICK, KICK, STEP, KICK, WALK, WALK, FORWARD-ROCK

- 1-2 Kick right diagonal twice
- &3-4 Step right back center, step left forward, kick right diagonal
- &5-6 Step right back center, walk forward left, walk forward right
- 7-8 Rock forward on left, recover weight on right

TRIPLE-STEP BACK, ROCK-STEP, ½ TRIPLE-TURN RIGHT, BACK-ROCK

- 9&10 Step back on left, step right together, step back on left
- 11-12 Rock back on right, recover on left
- 13&14 Step right, left, right making ½ turn left
- 15-16 Rock back on left, recover weight on right

LEFT CHASSE, BACK-ROCK, RIGHT CHASSE, ROCK-TURN ¼ LEFT

- 17&18 Step left to left, step right next to left, step left to left
- 19-20 Rock back on right, recover weight on left
- 21&22 Step right to right, step left next to right, step right to right
- 23-24 Rock back on left making ¼ turn left, step forward on right recover weight

LEFT HEEL DIG, RIGHT HEEL DIG, BACK STEP, BACK STEP, LEFT SHUFFLE FORWARD, STEP-PIVOT ½ LEFT

- 25-26 Dig left heel forward, dig right heel forward
- 27-28 Step back left, step back right
- 29&30 Step forward left, step right together, step forward left
- 31-32 Step forward with right, making ½ turn left, shift weight on left

RIGHT KICK-BALL-STEP, TOE-FAN, LEFT KICK-BALL-STEP, TOE-FAN

- 33&34 Kick right diagonal left across left, step right back center, step left diagonal forward
- 35-36 Step right diagonal forward across left, turn right toe ¼ to right diagonal
- 37&38 Kick left diagonal right across right, step left back center, step right diagonal forward
- 39-40 Step left diagonal across right, turn left toe 1/8 to left

REPEAT
