# Keep It Moving



Count: 64 Wand: 4 Ebene: Intermediate / Advanced

Choreograf/in: Scott Schrank (USA)

Musik: Get It Together - Seal



#### SKATE, SKATE, STEP TOGETHER STEP, SKATE, SKATE, STEP TOGETHER STEP

1-2	Right skater step, left skater step (move slightly forward)
3&4	Step right to right, step left next to right, step right to right
5-6	Left skater step, right skater step (move slightly forward)
7&8	Step left to left, step right next to left, step left to left

## FULL TURN RIGHT, TAPS, KICK BALL CROSS, STEP BALL CROSS

9-10	Starting on right, make full turn to right, (spin on the left foot) (right-left)
11&12	Leaning to the right, tap right toe three times (weight is now on the right foot)
13&14	Kick left foot across right, left back next to right, cross right over left
15&16	Step left to left, step right slightly behind left, cross left over right

#### LUNGE, PUSH, SYNCOPATED GRAPEVINE LEFT, ROCK RECOVER, 1 1/4 TURN RIGHT

17-18	Step out to the right while leaning to the right, change weight to left and push and point right
	to right
19&20	Step right behind left, step left to left, step right across left
21-22	Rock left to left, step out ¼ turn to the right
23&24	Make full turn to the right (3:00) left-right-left

#### ROCK, RECOVER, COASTER STEP, PIVOT RIGHT, SYCOPATED WEAVE LEFT

25-26	Rock forward right, recover left
27&28	Step back right, step back left to right, step forward right
29-30	Step forward left, pivot ½ turn right leaving weight on right
31&32&	Step left foot left, step right behind left, step left to left, step right over left

## LOOK LEFT, HOLD, GRAPEVINE LEFT, ROCK, RECOVER, GRAPEVINE RIGHT

33-34	Step left to left, hold (exaggerate look to left)
35&36	Step right behind left, step left to left, step right over left
37-38	Rock left to left and slightly forward, recover to right
39&40	Step left behind right, step right to right, step left over right

# LOOK RIGHT, HOLD, GRAPEVINE RIGHT, ROCK RECOVER, GRAPEVINE LEFT

41-42	Step right to right, hold (exaggerate look to right)
43&44	Step left behind right, step right to right, step left over right
45-46	Rock right to right and slightly forward, recover to left
47&48	Step right behind left, step left to left, step right slightly forward

#### ROCK RECOVER, 1/2 TURN TRIPLE STEP, POINT, HOLD, POINT, HOME TAP

49-50	Rock forward left, recover right
51&52	Step left-right-left while making half turn left
53-54	Point right toe right, hold
&55&56	Bring right foot home, point left toe left, bring left foot home, tap right toe next to left foot

# WALK, WALK, MAMBO STEP, BACK, BACK COASTER STEP

57-58	Walk forward right, walk forward left
59&60	Rock forward right, recovery weight to left, step right foot next to left (right-left-right)

61-62 Step back left, step back right

Step left foot back left, step right foot next to left, step left foot forward

## **REPEAT**

## **RESTART**

## After 1st wall only

1-12 Repeat first 12 counts of dance

13-14 Step left to left, hold 15&16 Body roll or hold

## **RESTART**

# After 3rd wall only

1-54 Repeat first 54 counts of dance (on count 53, point the index finger of both hands forward)

Slowly bring the right foot next to left while lowering both arms