

Kathy's Out Of Control

Count: 40

Wand: 4

Ebene: Intermediate/Advanced

Choreograf/in: Kathy Liskow (USA)

Musik: One for Sorrow - Steps



¼ TURN, SHUFFLE, ½ PIVOT, ¼ TURN SHUFFLE, ½ PIVOT

- 1&2 Step right foot making ¼ turn left, step left next to right, step right to right side
3-4 Cross left over right making ¼ turn right, pivot ½ turn right
5&6 Step left making ¼ turn right, step right next to left, step left to left side
7-8 Cross right over left making ¼ turn left, pivot ½ turn left

½ TURN, ¾ TURN, SIDE ROCKS, MONTEREY ½ TURN

- 1-2 Step forward on right making a ½ turn left, step back on left making a ¾ turn left
3&4 Rock right on right, step left in place, step right beside left
5&6 Rock left on left, step right in place, step left beside right
7-8 Touch right toe to side, make ½ turn right step on right

MONTEREY ¼ TURN, ROCK STEP, COASTER STEP, ROCK STEP

- 1-2 Touch left toe to side, make a ¼ turn left step on left
3-4 Rock forward on right, step back on left
5&6 Rock back on right, step left beside right, step forward on right
7-8 Rock forward on left, step back on right

¼ TURN SHUFFLE, HOP FORWARD, CLAP, HOP BACK, CLAP, OUT-OUT, IN-IN

- 1&2 Step left, right, left making a ¼ turn left
&3-4 Hop forward right, left, clap
&5-6 Hop back right, left, clap
&7&8 Step right foot to right, step left foot to left step right foot home, step left foot home

OUT - OUT, IN - IN, HEEL JACK, STEP, CROSS, HEEL JACK, STEP, STEP, STOMP, STOMP

- &1&2 Step right foot to right, step left foot to left, step right foot home, step left foot home
&3&4 Step back on right, touch left heel forward, step left home, cross right over left
&5&6 Step back on left, touch right heel forward, step left home, step right beside left
7-8 Stomp right, stomp left

REPEAT
