

Kalinka

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Laura Michaels (UK) & Becky Michaels (UK)

Musik: Kalinka - Hermes House Band



For styling, link arms with dancers on either side of you for counts 1-16

RIGHT GRAPEVINE & KICK, LEFT GRAPEVINE & KICK

- 1-4 Step right to side, left behind right, right to side, kick left across right
5-8 Step left to side, right behind left, left to side, kick right across left

STEP & KICK X 4 ON RIGHT, LEFT, RIGHT, LEFT

- 9-10 Step forward on right, kick left across right
11-12 Step forward on left, kick right across left
13-14 Repeat 9-10
15-16 Repeat 11-12

STEP FORWARD ON RIGHT, ½ PIVOT LEFT TWICE, ROCK FORWARD & BACK, HOLD

- 17-20 Step forward on right, ½ pivot left. TWICE
21-24 Rock forward on right, recover on left, rock back on right, hold

For styling, cross arms at shoulder height (Cossack style)

HEEL SWITCHES X 3, HOLD. HEEL SWITCHES X 3, HOLD

- 25&26 Step left heel forward, left foot next to right & right heel forward
&27-28 Step right foot next to left & left heel forward, hold
29-32 Repeat 25-28 starting with right heel

CROSS ROCK, SHUFFLE RIGHT, CROSS ROCK, SHUFFLE LEFT WITH ¼ TURN LEFT

- 33-36 Cross right over left, recover, shuffle right
37-40 Cross left over right, recover, shuffle left with ¼ turn left

STEP FORWARD, ½ PIVOT, RIGHT SHUFFLE, STEP, ½ TURN, ROCK BACK, STEP

- 41-44 Step forward on right, ½ pivot left, right shuffle forward
45-48 Step forward on left, ½ turn right, rock back on right, step forward on left

STEP FORWARD ON RIGHT, ½ PIVOT LEFT TWICE, ROCK FORWARD AND BACK, HOLD

- 49-52 Step forward on left, ½ pivot left twice
53-56 Rock forward on right, recover on left, rock back on right, hold

For styling, cross arms at shoulder height (Cossack style)

HEEL SWITCHES X 3, HOLD. HEEL SWITCHES X 3, HOLD

- 57&58 Step left heel forward, left foot next to right & right heel forward
&59-60 Step right foot next to left & left heel forward, hold
61&62 Step right heel forward, right foot next to left & left heel forward
&63-64 Step left foot next to right & right heel forward, hold

REPEAT

RESTART

Towards the end of walls 1 & 4, when the music quickens, miss out steps 53-60

TAG

After section 4 during wall 2 dance the following & continue with count 33

- 1-4 Rock back on right, recover, touch right next to left, hold

TAG

At the end of wall 3, dance the following when the music stops & start again on the vocals

- 1-4 Rock forward on right, recover, $\frac{1}{2}$ turn right stepping forward on right, rock forward on left
- 5-8 Recover, $\frac{1}{2}$ turn left stepping forward on left, stomp right next to left, stomp left next to right
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