

Heart Attack

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Bambang Satiyawan (INA) - April 2025

Musik: Heart Attack (feat. Loredana) - Noizy



*****3 tags, 1 restart**

Start dance on vocal, after intro 16 counts

TAG 1 4 counts, AFTER WALL 1 & 7

1 – 2 Step RF to side with chest contraction, Hold step with chest contraction

3 – 4 Close LF to RF with chest contraction, Hold step with chest contraction

Tag 2 4 counts, ON WALL 5 AFTER 16 counts and then restart

1 – 2 Turn $\frac{1}{8}$ left Step RF to side with chest contraction, Hold with chest contraction (09.00)

3 – 4 Turn $\frac{1}{4}$ left Step LF to side with chest contraction, Hold with chest contraction (06.00)

SECTION I. DIAGONAL RIGHT SAMBA WALK - DIAMOND $\frac{1}{4}$ LEFT

1 – 2 Turn $\frac{1}{8}$ right Step RF forward, Step LF forward

3 – a4 Step RF forward, Ball LF beside RF, Step RF forward

5&6& Cross LF over RF, Step RF to side, Step LF back, Hitch RF

7 & 8 Step RF back, Turn $\frac{1}{8}$ left Step LF to side, Turn $\frac{1}{8}$ left Step RF forward (10.30)

SECTION II. SYNCOPATED LOCK SHUFFLE - FORWARD MAMBO - HITCH - COASTER STEP

1&2& Step LF forward, Step lock RF behind LF, Step LF forward, Step lock RF behind LF

3 & 4 Step LF forward, Step lock RF behind LF, Step LF forward

5&6& Rock RF forward, Recover on LF, Step RF back, Hitch LF

7 & 8 Step LF back, Close RF beside LF, Step LF forward

SECTION III. SAMBA WHISK (R-L) - VOLTA TURN $\frac{5}{8}$ RIGHT

1 – a2 Step RF to side, Ball LF behind RF, Step RF in place

3 – a4 Step LF to side, Ball RF behind LF, Step LF in place

5 a6 Turn $\frac{1}{8}$ right Step RF forward, Step ball LF beside RF, Turn $\frac{1}{4}$ right Step RF forward, Step ball LF beside RF

a7 a8 Turn $\frac{1}{8}$ right Step RF forward, Step ball LF beside RF, Turn $\frac{1}{8}$ right Step RF forward (06.00)

SECTION IV. L MERENGUE ACTION WITH BOUNCE - SAMBA WHISK R - SIDE AND DRAG

1 – 2 Part weight Step LF to side with bounce, Part weight Step RF to side with bounce

3 – a4 Weight change to LF, Step RF crossed behind LF, Step LF in place

5 – a6 Step RF to side, Ball LF behind RF, Step RF in place

7 – 8 Step LF to side and drag RF into LF, Touch RF beside LF

Enjoy the dance...

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