

Henna Henna

Count: 96

Wand: 2

Ebene: Phrased Improver

Choreograf/in: Riezka Novalia (INA) - April 2025

Musik: Henna - Esotique & Sandra N



Part A

Sec 1 Walk R/L, Lock shuffle, L Frwd, 1/2 Turn L, Coaster with sweap

- 1 2 Step RF forward (1), Step LfForward (2)
3&4 Step RF forward (3) Step Lfbehind RF (&), Step RF forward (4)
5 6 Step Lfforward (5), 1/2 turn L StepRF back (facing 06.00)
7&8 Step LF back with sweap front to back (7), Step RF beside Lf(&), Step LfForward (8)

Sec 2 DorothyR/L, pivot1/2 L

- 1 2& Step RF forward (1) Step Lfbehind RF (2) step RF forward (&)
3 4& Step LF forward (1) Step Rfbehind LF (2) step LF forward (&)
5 6 7 8 StepRF forward (5), 1/4 L weight on Lf(6), Step RF forward (7), 1/4 L weight on Lf (8)

Sec 3 Botafogo R/L, Diamond 1/4 R

- 1 a2 Cross RF over Lf(1) Step ball Lfto L (a) Step RF in place (2)
3 a4 Cross LF over Rf(3) Step ball Rfto R (a) Step LF in place (4)
5& 6& Cross Rfover Lf(5), Step Lfto L side (&), 1/8 turn R Step back on Rf(6), Hitch on Lf(&)
7 &8 Step back on Lf(7), 1/8 turn R Step Rfto R side (&), Cross Lfover Rf(03.00) (8)

Sec 4 Side together, side chasse 1/4 R, pivot1/2 R, forward Lock shuffle

- 1 2 Step Rf to R (1) step Lf beside Rf(2)
3 &4 Step Rf to R(3), step Lf beside Rf (&), step Rf1/4 R (06.00)(4)
5 6 Step Lf forward (5), 1/2 turn R weight on Rf (6)
7 &8 Step LF forward (7), stepRf beside Lf (&) step Lf forward (8)

Sec 5 forward touch, side Touch, Botafogo, Cross shuffle, 1/2 turn R cross shuffle, 1 2 forward touch RF (1), touch RF to R side(2)

- 3 a4 Cross RF over Lf(3) Step ball Lfto L (a) Step RF in place (4)
5 a6 Cross Lfover RF (5) Step Lfto L(a) cross LF over RF (6)
7 a8 1/2 turn R Cross Rfover LF (7) Step Rfto R (a) cross RF over LF (8)

Sec 6 forward touch, side Touch, Botafogo, Cross shuffle, 1/2 turn R cross shuffle

- 1 2 forward touch LF (1), touch LF to L side(2)
3 a4 Cross LF over Rf(3) Step ball Rfto R (a) Step LF in place (4)
5 a6 Cross Rfover LF (5) Step Rfto R(a) cross RF over LF (6)
7 a8 1/2 turn L Cross Lfover RF (7) Step Lfto L(a) cross LF over RF (8)

Section 7 toe & toe, &heel & heel, together, pivot 1/2 L Lock shuffle

- 1 &2& Touch Rtoe to the side(1), step R together(&), Touch L to the side (2), step L together(&), 3 &4& Touch R heel forward (3), step R together (&), Touch L heel forward (4), step L together (&)
5 6 Step RF forward (5) 1/2 L weight on LF (6)
7&8 Step RF forward (7) Step LF beside RF(&) Step RF forward (8)

Sec 8 forward touch, side Touch, Botafogo, Cross shuffle, 1/2 turn R cross shuffle

- 1 2 forward touch LF (1), touch LF to L side(2)
3 a4 Cross LF over Rf(3) Step ball Rfto R (a) Step LF in place (4)
5 a6 Cross Rfover LF (5) Step Rfto R(a) cross RF over LF (6)

7 a8 1/2 turn L Cross L over RF (7) Step L to L(a) cross LF over RF (8)

Part B

Sec 1 (Bollywood /funky) Cross point, Side point (R/L)

1- 4 Cross point R over L (1) Point R to R side (2) Cross point R over L (3) Step R to R side (4) (12:00)

5 - 8 Cross point L over R (5) Point R to R side(6) Cross point L over R(7) Step L to L side (8) (12:00)

Sec 2 Paddle 1/2 Turn L with bum, touch, 1/2 turn R Volta turn

1 - 4 1/4 L Point R to R side (09.00) (1), 1/8 turn L point R to R side (2), 1/8 turn L point R to R side (3) Touch R next to Lf (6:00)

5a 6a step R forward (5), Lock/step left behind (a) (06.00), 1/4 turn R step right forward (6), Lock/step left behind (a) (9:00)

7 a8 1/8 turn R step R forward (7) Lock/step left behind (a), 1/8 turn R step right forward (8) (12:00)

Sec 3 (Bollywood /funky) Cross point, Side point (L/R)

1- 4 Cross point L over R (1) Point L to L side (2) Cross point L over R (3) Step L to L side (4)

5 - 8 Cross point R over L (5) Point R to R side(6) Cross point R over L(7) Step R to R side (8)

Sec 4 Paddle 1/2 Turn L with bum, touch, full turn Volta turn L

1- 4 1/4 R Point L to L side (1) (03.00) , 1/8 turn R point L to L side (2), 1/8 turn R point L to L side(3) Touch L next to Rf(6:00)

5a 6a 1/4 turn L step L forward (5) (3.00), Lock/step left behind (a), 1/4 turn L step right forward (6) (12.00), Lock/step left behind (a)

7 a8 1/4 turn L step L forward (7) (09.00) , Lock/step left behind (a) 1/4 turn L step L forward (8) (06.00)

Enjoy the dance

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