You Are Not Alone



Count: 16 Wand: 4 Ebene: Improver

Choreograf/in: Chok Fredo (INA) - April 2025

Musik: Jhinho You Are Not Alone Cover Lyrics



Intro 22 Count (Start Dance on Vocal Lyrics *Gone*) **2 tags/ 1 Restart

Sec 1 BASIC NC - SIDE - CROSS BEHIND - SIDE - CROSS ROCK - RECOVER - FORWARD 1/4 TURN RIGHT- FORWARD - FULL TURN LEFT

| 1 - 2& | Step RF to side, Cross LF slightly behind RF, Cross RF over LF |
|--------|--|
| 3 - 4& | Step LF to side, Cross RF behind LF, Step LF to side |
| 5 - 6& | Cross rock RF over LF, Recover on LF, ¼ turn right step RF forward (3.00) |
| 7 - 8& | Step I F forward 1/2 turn left step RF back (9.00) 1/2 turn Left step I F forward (3.00) |

Sec 2 FORWARD AND SWEEP - BACK AND SWEEP - PIVOT ½ LEFT - WALK (R&L)

| 1 - 2& | Step RF forward with Sweep LF forward, Cross LF over RF, Step RF to side |
|--------|--|
| 3 - 4& | Step LF back with sweep RF back, Cross RF behind LF, Step LF to Side |
| 5 - 6 | Step RF forward, ½ turn left Weight on LF (9.00) |
| 7 - 8 | Walk RF forwarr, Walk LF forward |

Restart On Wall 7 After 8 Count

Tag After Wall 5 & 10 (4& Count) BASIC NC (R&L)

1 - 2& Step RF to side, Cross LF slightly behind RF, Cross RF over LF
3 - 4& Step LF to side, Cross RF slightly behind LF, Cross LF over RF

Contact person Chokfredo63@gmail.com

Last Update: 19 Apr 2025