# At Your Worst



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Sheila Kenny (USA) - April 2025

Musik: At Your Worst - Calum Scott



### Intro. Approx. 4 counts - Start on the word "Worst" - No Tags - No Restarts

## Sec. 1 Heel Taps x 3, Samba x 2, 1/4 Left turn

| 1-4 | Tap Right Heel quickly 3 times, Stepping weight onto RF on 4th count  |
|-----|---|
| 5&6 | Rock LF behind RF, Recover weight forward on RF, Step LF to Left side |

Rock RF behind LF, Recover weight forward on LF, Turn 1/4 Left stepping RF forward (9:00)

### Sec. 2 Heel Taps x3, Samba x 2

| 1-4 | Tap Left Heel quickly 3 Times, Stepping weight onto LF on 4th count    |
|-----|--|
| 5&6 | Rock RF behind LF, Recover weight forward on LF, Step RF to Right side |
| 7&8 | Rock LF behind RF, Recover weight forward on RF, Step LF to Left side  |

### Sec. 3 Heel Grind, Shuffles x 2, Side Together

| 1,2 Step Right Heel forward and swivel ½ Turn Left on Right Heel (3:00), Step LF 1 | forward |
|--|---------|
|--|---------|

3&4 Step RF forward, Slide LF next to RF, Slide RF forward

5,6 Step LF to Left side, Step RF next to LF

7&8 Step back on LF, Slide RF back next to LF, Slide LF back

### Sec. 4 Side Together, Shuffle Turn, Syncopated Toe Points

| 1.2 Step RF to Right side. Step LF | nexi io Re |
|------------------------------------|------------|

3&4 Step RF forward, Slide LF to RF while turning ½ Turn Left, Step RF forward (9:00)

5&6& Point Left Toe to Left side, Recover weight on LF, Point Right Toe to Right side, Recover

weight on RF

7&8 Point Left Toe to Left side, Recover weight on LF, Point Right Toe to Right side

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