

Good to be Free

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Benjamin Thamm (DE) - March 2025

Musik: New Orleans - Jamie Lono



Dance Starts After 32 Counts

S1: Walk x2, Kick-Ball-Point, Cross, Side, Behind-Side-Step

- 1-2 Step right forward, Step left forward
- 3&4 Kick right forward, Close right to left, Point left to side
- 5-6 Cross left over right, Step right to right side
- 7&8 Cross left behind right, Step right to right side, Step left forward

S2: Step, 1/2 Turn, Shuffle Forward, Step, Hitch 1/4 Turn, Side, Close

- 1-2 Step right forward, Turn 1/2 left weight on left (6:00)
- 3&4 Step right forward, lock left behind right, step right forward
- 5-6 Step left forward, Hitch right knee turn 1/4 left (3:00)
- 7-8 Step right to side, Close left to right

S3: Rockstep, Shuffle Back, 3/8 Turn, Step, Hip Lift, Step

- 1-2 Step right forward, Recover weight on left
- 3&4 Step right back, Cross left over right, Step right back
- 5-6 Turn 3/8 left step left forward (10:30), Step right forward
- 7-8 Touch left forward lift left hip, Step left forward

S4: Step, 1/2 Turn, Walk x2, Step 1/4 Turn, Step 3/8 Turn

- 1-2 Step right forward, Turn 1/2 left weight on left (4:30)
- 3-4 Step right forward, Step left forward
- 5-6 Step right forward, Turn 1/4 left recover left (1:30)
- 7-8 Step right forward, Turn 3/8 left recover left (9:00)

Last Update: 28 Mar 2025
