

# Smoke it

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Luke Shrimpton (UK) - March 2025

Musik: SMOKE THE PAIN AWAY - Calvin Harris



**Intro: Start on lyrics**

**No Tags 2 Restarts (after 24 counts walls 2 & 7)**

## **[1-8] Shuffle R, Shuffle L, Cross R, L Back, Side Shuffle R**

- 1&2 Step right to right diagonal, step left together, step right to right diagonal
- 3&4 Step left to left diagonal, step left together, step left to left diagonal
- 5 Cross right over left
- 6 Step back on left
- 7&8 Step right to right, step left together, step right to right

## **[9-16] Cross L, ¼ Back R, Side Shuffle L, Kickball change x2**

- 9 Cross left over right
- 10 Step right foot back turning ¼ left (9 O'clock)
- 11&12 Step left to left, step right together, step left to left
- 13&14 Kick right foot forward, step right in place, step left in place
- 15&16 Kick right foot forward, step right in place, step left in place

## **[17-24] Rock R, Recover, R Coaster Step, Rock L, Recover, L Coaster Step**

- 17 Rock right foot forward
- 18 Recover on to left
- 19&20 Step back right, step left together, step forward right
- 21 Rock left foot forward
- 22 Recover on to right
- 23&24 Step back left, step right together, step left forward

**(Restart here walls 2 & 7)**

## **[25-32] Step R, Scuff L, Step L, Scuff R, 2x Pivot ½ turns**

- 25 Step forward right
- 26 Scuff left
- 27 Step left forward
- 28 Scuff right
- 29 Step right forward\*
- 30 Pivot ½ turn over left shoulder (3 O'clock)
- 31 Step right forward
- 32 Pivot ½ turn over left shoulder (9 O'clock)

**\*Non-turning option (replace last 4 counts with rocking chair right – 29 Rock forward on right, 30 recover on left, 31 rock back on right, 32 recover on left)**