Let's Go Ladies!

Ebene: Improver

Choreograf/in: Terry Daily (USA) - March 2025 Musik: Ladies Night - Kool & The Gang

Dance starts 64 counts in.

Count: 32

[1-8] Cross rock, ¼ shuffle, ½ Turn, Shuffle FWD

- Cross RF over LF and recover LF 12
- 3&4 1/4 turn over R shoulder by stepping R foot to make the 1/4 turn, step LF beside RF, step fwd R. (3:00)
- 56 Step L fwd, 1/2 turn over R shoulder shifting your weight to RF
- 7&8 Step LF fwd, step RF beside LF, step fwd LF (9:00)

[9-16] ¼ Collect, modified Jazz box, Hip Sway and Sit

- 12 Step RF out making a ¼ turn L and collect LF beside RF (weight will end on LF)
- 34 Cross RF over LF, Step back with LF
- 56 Step out with RF to R side, Drag LF into RF keeping weight on RF
- 78 Sway to L, return weight to RF and sit into R side popping the L knee (6:00)

[17-24] ¼ Turn Shuffle, Rock and Recover, ½ Shuffle, ¼ Collect

- Step fwd with LF making ¼ turn L, step RF beside LF, step fwd LF (3:00) 1&2
- 34 Rock fwd with RF and recover on LF
- Over R shoulder ¹/₂ turn shuffle by stepping RLR (9:00) 5&6
- 78 Step LF out making a ¼ turn R and collect RF beside LF taking the weight on RF (12:00)

[18-32] Weave with 1/4 turn, Rock and Recover, Triple

- 1234 Cross LF over RF, step out with RF, step LF behind RF, ¼ Turn R by stepping RF fwd
- 56 Rock LF fwd and recover weight on RF
- 7&8 Triple in place RLR (optional step would be a full turn triple over L shoulder)

Begin the Dance Again!! Have Fun!!

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Wand: 4