Espresso Macchiato



Count: 112 Wand: 2 Ebene: Phrased Advanced

Choreograf/in: Lembit Härma (EST) - March 2025

Musik: Espresso Macchiato - Tommy Cash



Intro: 36 Counts, Start with song at approx 18 secs

Sequence: A, B, Tag1, C, A, B, Tag2, C, B, B

PART A (32)

SEC1: Step, Together with hand movements (2 x)

1-2 Step LF forward and open the arms up

3-4 Step RF next to LF and close the arms on your heart

5-6 Step RF forward and open the arms up

7-8 Step LF next to RF and close the arms on your heart

SEC2: Rock, Sweep 2x, Behind-side-cross, Hold and cross, Sway

1-2 Rock LF forward (1), Recover on RF as you sweep LF from front to back

3 Step LF back as you sweep RF from front to back

4&5 Step RF back (4), Step LF next to right (&), Cross RF over LF (5)

6&7 Hold (6) Step LF next to right (&), Cross RF behind LF (7)

8 Step LF left and sway body left

SEC3: Sway (3x) Hold and Sway (3x), Hold

1-3 Sway body right – left – right 4& Hold (4), Step LF next to right (&)

5 - 7 Step RF right with swaying body right – left – right

8 Hold

SEC4: Rock, Sweep, Cross, Unwind 3/4 Ronde 1/4 turn, Touch

1-2 Rock LF forward (1), Recover on RF as you sweep LF from front to back 3, 4-5 Cross LF behind RF (3), ¾ unwind turn left weight remains on RF [3:00] Ronde with LF and ¼ turn left on RF (6-7), Touch LF next to right (8)

PART B (32)

SEC1: Snap, Kick and Heel and Touch, Shuffle back, Rock back

1-4 Snap (1), Kick LF forward (2), Step LF next to right (&), Touch right heel forward (3), Step RF

next to left (&), Touch left toe behind RF (4)

5&6 Step LF to back left diagonal (5), Step RF next to left (&), Step LF to back left diagonal (6)

7-8 Rock RF back (7), Recover on LF (8)

SEC2: Shuffle R fwd, Shuffle L fwd, Kick ball step (2x)

1&2 Step RF forward slightly diagonal (1), Step LF beside right (&), Step RF forward (2) 3&4 Step LF forward slightly diagonal (3), Step RF beside left (&), Step LF forward (4)

5&6 Kick RF forward (5), Step RF beside left (&), Step LF forward (6)

7&8 Kick RF forward (7), Step RF beside left (&), Step LF forward (8)

SEC3: Rock R recover, Coaster step, Rock L recover, Coaster step

1-2 Rock RF forward (1), Recover on LF (2)

3&4 Step RF back (3), Step LF next to right (&), Step RF forward (4)

5-6 Rock LF forward (5), Recover on RF (6)

7&8 Step LF back (7), Step RF next to right (&), Step LF forward (8)

SEC4: Paddle turn 1/4 (2x), Turn 1/2, Hold, Rock, Unwind 1/2

1-2 Touch RF forward (1), Turn 1/4 left recovering on LF (2) [9:00] Touch RF forward (3), Turn 1/4 left recovering on LF (4) [6:00] 3-4 Turn ½ left on LF and stomp RF right side (5) 12:00, Hold (6) 5-6

7-8 Rock LF forward (7), Recover weight on RF as turning ½ left (8) [6:00]

TAG1 (16)

SEC1: Cross steps (4x), Kick, Back-side-cross-side-back

1&2&3&4 Cross LF over right (1), Step RF next to left (&), Cross LF over right (2), Step RF next to left

(&), Cross LF over right (3), Step RF next to left (&), Cross LF over right (4)

5-6 Kick RF forward (5), Step RF back (6)

&7&8 Step LF next to right (&), Cross RF over left (7), Step LF left (&), Cross RF behind left (8)

SEC2: Kick, Back and back and back, Anchor step, Coaster step

Kick LF to left diagonal (1), Cross LF behind right (2) 1-2

&3&4 Recover weight on RF (&), Step weight on LF (3), Recover weight on RF (&), Step weight on

5&6 Lock RF behind left (5), Step weight on LF (&), Step slightly back on RF (6)

7&8 Step LF back (7), Step RF next to left (&), Step LF forward (8)

TAG2 (4) Cross steps (4x)

Cross LF over right (1), Step RF next to left (&), Cross LF over right (2), Step RF next to left 1&2&3&4

(&), Cross LF over right (3), Step RF next to left (&), Cross LF over right (4)

PART C (48)

SEC1: Clap, Boogie Runs forward (6x), Toe touches 3x, Coaster step

Clap (1), Run RF forward (&), Run LF forward (2), Run RF forward (&), Run LF forward (3), 1&2&3&4

Run RF forward (&), Run LF forward (4),

5&6 Touch right toe to right (5), Touch next to LF (&), Touch to right (6) 7&8 Step RF back (7), Step LF next to right (&), Step RF forward (8)

SEC2: Toe touches 3x, Coaster step, ½ paddle turn left, Step

Touch left toe to left (1), Touch next to RF (&), Touch to left (2) 1&2 3&4 Step LF back (3), Step RF next to left (&), Step LF forward (4)

Touch RF forward (&), Turn 1/8 left recovering on LF (5), Touch RF forward (&), Turn 1/8 left &5&6&7&8

recovering on LF (6), Touch RF forward (&), Turn 1/8 left recovering on LF (7), Turn 1/8 left

stepping RF next to left (8) [12:00]

SEC3: Boogie Runs forward (7x), Charleston step

1&2&3&4 Run LF forward (1), Run RF forward (&), Run LF forward (2), Run RF forward (&), Run LF

forward (3), Run RF forward (&), Run LF forward (4),

5-8 Point RF forward (5), Step RF back with a sweep (6), Point LF backward (7), Step LF next to

RF (8)

SEC4: Jumps out-in-out-cross, ½ turn with heel bounces

1-4 Jump both feet out (1), Jump both feet together (2), Jump both feet out (3), Jump feet cross

right over left (4),

5-8 Turn ½ left bouncing heels 4 times

SEC5: Half rumba box (2x), Rock, Recover, Back Lock Step

1&2 Step RF to right side (1), Step LF next to right (&), Step RF forward (2) 3&4

Step LF to left side (3), Step RF next to left (&), Step LF forward (4)

5-6 Rock RF forward (5), Recover on LF (6)

7&8 Step RF back (7), Cross LF over right (&), Step RF back (8)

SEC6: Diagonal steps with hand movements 2x, Step, Step, Turn, Touch

| 1-2 | Step LF to left diagonal turning body also as you push R arm to side (palm facing forward, |
|-----|--|
| | shoulder height) (1), Touch RF next to left (2) |
| 3-4 | Step RF to right diagonal turning body also as you push L arm to side (palm facing forward, shoulder height) (3), Touch LF next to right (4) |
| 5-6 | Step LF forward (5), Step RF forward (6) |
| 7-8 | Pivot turn ½ left (7), Step RF next to left (8) |

Ending. At the very end, during the 8. count of part B sec 4 close the hands on your heart. Then step LF forward and open the arms up.