

UP

Count: 32

Wand: 4

Ebene: High Improver

Choreograf/in: Lee Hye Yeon (KOR) - February 2025

Musik: UP (KARINA Solo) - aespa



Tag: 5wall after 32counts, 6wall after 32count

- 1~2 LF Fwd step, 1/2 Pivot turn right
- 3~4 LF Fwd step, 1/2 Pivot turn right

Sec 1: L Fwd touch, Together, R Fwd touch, Together, L Fwd step, both heels out, in, L Diagonal back step, R Together touch, R Diagonal back step, L Together touch

- 1&2& LF Fwd touch, LF Together, RF Fwd touch, RF Together
- 3&4 LF Fwd step, Both heels out, Both heels in
- 5~6 LF Diagonal back with body roll, RF Touch beside LF
- 7~8 RF Diagonal back with body roll, LF Touch beside RF

Sec 2: L ball, R1/4 Walk*2(R,L), R Side touch, together touch, side touch, together touch, R Diagonal back, L Together touch, L Side step, Heel in recover(R,L)

- &1~2 LF Ball in place, 1/4 turn right RF Fwd step, LF Fwd step
- 3&4& RF Side touch, RF Touch beside LF, RF Side touch, RF Touch beside LF
- 5&6 RF Diagonal back step, LF Touch beside RF, LF Side step
- 7&8 RF Heel in, RF recover, LF Heel in

Sec 3: L Back rock, recover, R1/4 L Side, R behind, L Side, R Cross shuffle, L1/2 trun, Side switch(L,R)

- 1&2 LF Back rock, recover, 1/4 turn right LF Side step
- 3&4& RF Behind step, LF Side step, RF Cross step, LF Ball beside RF
- 5~6 RF Cross step, 1/2 turn left
- 7~8 LF Side touch, LF step beside RF, RF Side touch

Sec 4: R Fwd step with L hitch and R1/2 turn, L Fwd shuffle, R1/4 R Fwd touch, Toe strut*2(R,L), R Side rock, recover, Together

- 1 RF Fwd step(Don't place your feet too far apart, but place them directly in front of your left foot.) with LF hitch and 1/2 turn right
- 2&3 Fwd Stepping LF to LF
- 4 1/4 turn right RF Fwd touch
- 5&6& RF Fwd touch, RF Heel down, LF Fwd touch, LF Heel down
- 7~8& RF Side rock, recover, RF Step beside LF

Last Update: 17 Feb 2025