

# Shake It Off

**Count:** 32

**Wand:** 2

**Ebene:** Beginner

**Choreograf/in:** DJ Line Dance (USA) - February 2025

**Musik:** Shake It Off - Taylor Swift

**oder:** Sweet but Psycho - Ava Max



## Part 1

1234 R Vine Twist  
1 R side step  
2 L cross behind R  
3 R side step  
4 L (twist) R together  
5678 Spinning L vine - 5 L side step, 6 Left 180 degree R cross in front L, 7 Left 180 degree L cross behind R, 8 L R together

## Part 2

1 Upper arm pumps R hip shake  
2 R hip shake  
3 Upper arm pumps L hip shake  
4 L hip shake  
5 Arms down on each side R side step  
6 L on ground heel tap inward  
7 Arms down on each side L side step  
8 R on ground heel tap inward

## Part 3

1 Lean right low hand shakes  
2 Low hand shakes  
3 Lean left high hand shakes  
4 High hand shakes  
5 Lean right low hand shakes  
6 Low hand shakes  
7 Lean left high hand shakes  
8 High hand shakes

## Part 4

1& R forward, L behind R  
2 R forward  
3& L forward, R behind L  
4 L forward  
5 R forward  
6 Left 180 degree pivot on R  
7 R home stomp  
8 R stomp