

Adalida

Count: 18

Wand: 2

Ebene: Beginner

Choreograf/in: Steve Cowherd (USA) - February 2025

Musik: Adalida - George Strait



Intro 16 counts

S1: R heel, home, L heel, home, R toe, home, L toe, home

- 1-2 Touch right heel forward, return & switch
- 3-4 Touch left heel forward, return & switch
- 5-6 Touch right toe to the right side, return & switch
- 7-8 Touch left toe to the left side, return & switch

S2: R shuffle forward, L shuffle forward, 3/4 Vine, 1/2 turn

- 1&2 Shuffle (triple step) forward: right, left, right (1&2)
- 3&4 Shuffle (triple step) forward: left, right, left (3&4) (weight is on the left)
- 5-6 Step side right with right foot, cross behind with the left foot
- 7-8 Step right, 1/2 turn finishing on L

S3: R stomp, L stomp

- 1-2 Stomp R, Stomp L

REPEAT

No tags, No restarts.

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