

# I Had Some Help

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Heather-Zara Shepherd (AUS) - January 2025

Musik: I Had Some Help (feat. Morgan Wallen) - Post Malone



**Intro: 32 Counts**

**One Restart**

## **Heel Step R,L,R,L**

1-2-3-4 Diagonal R Heel Fwd, Step L Heel Fwd, Step L together R

5-6-7-8 Diagonal R Heel Fwd, Step L Heel Fwd, Step L Together R

## **Weave R ( or Step Together Step)**

1-2-3-4 Step R to R side, Step L behind R, Step R to side, Step L in front R

5-6-7-8 Step R to R side, Step L Behind R, Step R to side Touch L together R

## **Weave L, Shuffle 1/2 Turn**

1-2-3-4 Step L to L side, Step R behind L, Step L to side, Step R in front L

5-6-7&8 Step L to L side, Step R behind L, Shuffle 1/2 Turn L, LRL

**# Restart after first 8 Counts facing 6.00**

## **Rocking Chair X2**

1-2-3-4 Rock Fwd R, Recover L, Rock Back R, Recover L

5-6-7-8 Rock Fwd R, Recover L, Rock Back R, Recover L

**Repeat**

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Facebook: Cosmic Country Line Dancing

YouTube: Cosmic Country Line Dancing by Zara

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I hope you enjoy the dance. The music will take you there!

I choreographed this dance for a split floor with my dance: Hell I Had Some Help - Upper Beginner