

# Vai Sentando

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Helma Yoga (INA) - February 2025

Musik: FAST X - VAI SENTANDO - Skrillex , ludmilla , Duki & king Dou Duo



**\*start dance after 32c\***

**\*\*2 restarts on walls 3 , 8 - after 16c**

**\*S1.FORWARD TOUCH - SIDE TOUCH - COASTER STEP - SIDE ROCK - CROSS SHUFFLE\***

1 2 Step R touch point forward , R touch point to side.

3&4 R back , L close beside R , R forward

5 6 L to side , Recover on R.

7&8 L over R , R to side , L over R

**\*S2.CHUG 1/2 TURN L - SIDE CLOSE(2X)\***

1 4 Step R to side , 1/4 turn left step R in the place, 1/4 turn Left step R in the place , R close beside L ( 06.0)

5 8 R to side , L close beside R , R to side , L close beside R (with shimmy).

**\*RESTART HERE ON WALL 3 & 8\***

**\*S3. FORWARD LOCK SHUFFLE - TRIPLE TURN 1/4 TO RIGHT - SWAY\***

1&2 Step R forward , L lock behind R , R forward.

3&4 L forward , 1/4 turn right step R in the place , L cross over R(09.0)

5 8 R to side and sway to R , L , R , L.

**\*S4.CROSS SHUFFLE -CROSS SHUFFLE 1/2 TURN L - V STEP\***

1&2 Step R over L , L to side , R over L.

3&4 1/2 turn left step L over R , R to side , L over R.

5 8 R diagonal to R , L diagonal to L , R back to center , L back close beside R(03.0)