

# Help Me I'm Falling

**COPPER** **KNOB**  
BYEPOSTETS

**Count:** 32

**Wand:** 4

**Ebene:** Beginner

**Choreograf/in:** Melinda Yeung (AUS) & Willie Yeung (AUS) - February 2025

**Musik:** Help Me I'm Falling - Catherine Britt



**Intro: 32 counts**

## **Rocking Chair, Gancho**

1234 Rock R fwd recover L, rock R back recover L  
5678 Step R fwd flick L behind R, Step L back hook R in front of L

## **R Heel, L heel, jazz box ¼ cross**

1234 Touch R heel fwd, step R next to L, touch L heel fwd, step L next to R  
5678 Step R across L, step L back, step R to ¼ right side, step L across

## **Vine to right and heel bounce, rock L across R, step L to side touch R**

123&4 Step R to right side, step L behind, step R to side heel bounce up and down  
5678 Rock L across R, recover R, step L to left side, touch R next to L

## **Rock R across L, step R to side touch L, vine to left and touch R**

1234 Rock R across L, recover L, step R to right side, touch L next to R  
5678 Step L to left side, step R behind, step L to side, touch R next to L

**Restart: Wall 5 after 24 counts**

**Finish: Finish the last wall at the front 24 counts**

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