

Maniac

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Astrid Kaeswurm (DE) - January 2025

Musik: Maniac - Michael Sembello



Tag: 8 Counts After Wall 6

Start after 32 Counts

[1 – 8] Heel Struts FWD (R/L), 4 Steps Back

- 1, 2 touch R heel on the floor forward, put down R foot
- 3, 4 touch L heel on the floor forward, put down L foot
- 5, 6 step back R, step back L
- 7, 8 step back R, step back L

[9 – 16] Rock Step Back, 3 Times ¼ Turn L

- 1, 2 step back R, weight change to L
- 3 – 4 step R forward, ¼ turn L, weight change to L
- 5 – 6 step R forward, ¼ turn L, weight change to L
- 7 – 8 step R forward, ¼ turn L, weight change to L

[17 – 24] Diagonal Slow Shuffle FWD (R/L)

- 1 - 3 step R diagonal forward, close L to R, step R diagonal forward
- 4 touch L to R
- 5 – 7 step L diagonal forward, close R to L, step L diagonal forward
- 8 touch R to L

[25 – 32] Jazz Triangle with Toe Struts

- 1, 2 cross R over L and touch tooth to the floor, put R foot down
- 3, 4 touch L tooth back, put L foot down
- 5, 6 touch R tooth R side, put foot down
- 7, 8 close L to R and touch tooth, put foot down

Tag Wall 6

- 1 – 8 Repeat Jazz Triangle with Toe Struts (Count 25 – 32)

www.linedance-trainer.de astrid@kaeswurm.de