

# Lola Loka Remix

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Fenty Meme (INA) - January 2025

Musik: Hey lola/hey mambo/complet remix/Zumba/ ILTB FAM



**Intro: 40 count - No tag - No Restart**

## **S.1 : TOE STRUT – JAZZ BOX**

- 1 – 2 Touch fwd R toe (1) drop heel R in place (2)
- 3 – 4 touch fwd L toe (3) drop heel L in place (4)
- 5 – 6 cross R over L (5) step L back (6)
- 7 – 8 step R to side (7) cross L over R (8)

## **S. 2 : GRAPEVINE R/L**

- 1 – 4 Step R to side (1) cross L behind R (2) step R to side (3) touch L beside R (4)
- 5 – 8 step L to side (5) cross R behind L (6) step L to side (7) brush R beside L (8)

**# Option : rolling vine on count 5 - 8**

## **S.3 : ROCK FWD – TURN ¼ TO RIGHT – CHASSE – ROCK CROSS – CHASSE**

- 1 – 2 Rock R fwd (1) recover to L (2)
- 3 & 4 Turn ¼ to right, step R to right side (3) step L together (&) step R to side (4)
- 5 – 6 rock cross L over R (5) recover to R (6)
- 7 & 8 step L to left side (7) step R together (&) step L to side (8)

## **S.4 : V STEP – PADLE TURN ¼ TO LEFT 2 X**

- 1 – 4 step R diagonal fwd (1) step L diagonal fwd (2) step R back to centre (3) close L beside R (4)
- 5 – 6 step R fwd (5) turn ¼ to left, recover L (6)
- 7 – 8 step R fwd (7) turn ¼ to left, recover to L (8)

**Last Update: 20 Jan 2025**

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