Pilihanku



Count: 88 Wand: 4 Ebene: Phrased Improver / Intermediate

Choreograf/in: Anna (INA) - December 2024

Musik: Pilihanku - MALIQ & D'Essentials



A (32 count) - 2 Wall B (24 count) - 4 Wall C (32 count) - 1 Wall

Seguence: AA BB TAG (4c) A (28c & Change Step) A BB C TAG (8 counrs) BBBB C

Starting dance - Intro music on vocal after 4c.

PHRASED A (32 counts)

I. FWD LOCK DIAGONAL (R-L) - CROSS ROCK (R-L)

Step R fwd diagonal R - Lock L behind R - Step R fwd diagonal R
 Step L fwd diagonal L - Lock R behind L - Step L fwd diagonal L

5-6& Cross Rock R over L, Recover on L, Step R to side 7-8& Cross Rock L over R, Recover on R, Step L to side

II. JAZZ BOX - SWAY (R-L-R-L)

1-4 Cross R over L, Rock back on L, Step R to side, Step L forward

5-8 Sway on R-L-R-L

III. HIPS BUMB R FWD - 1/2 TURN L HIPS BUMB L FWD - BOTAFOGO (R-L)

1&2 Touch R fwd with Hips R fwd on Up, Down, Step R in place

3&4 1/2 Turn L Touch L fwd with Hips L fwd on Up (06:00), Down, Step L in place

Cross R over L, Rock L to side, Recover on RRock R to side, Recover on L

IV. TWICE KICK BALL FWD AND POINT TOUCH (R-L) - CROSS SHUFFLE

1&2 Kick R fwd, Step R beside L, Touch L to side3&4 Kick L fwd, Step L beside R, Touch R to side

Here => Change Step On Wall 6 after 28c (12:00)

Cross R over L, Step L to side slightly, Cross R over L
Cross L over R, Step R to side slightly, Cross L over R

PHRASED B (24 counts)

I. SWITCHED JUMP (R-L) - JUMP R WITH HIPS BUMBS

1-2 Jump to the R followed by your LF touching the side, Jump to the L followed by your RF

touching the side

3&4 Jump to the R with a hip movement, Up, Down

5-6 Jump to the L followed by your RF touching the side, Jump to the R followed by your LF

touching the side

7&8 Jump to the L with a hip movement, Up, Down

II. 3/4 TURN R WALK IN 3 WALKS AND TOUCH - 1/2 TURN L WALK IN 3 WALK & TOUCH

1-4 1/4 Turn R Step R fwd (03:00), 1/4 Turn R Step L fwd (06:00), 1/4 Turn R Step R fwd (09:00),

Touch L beside R (09:00)

*Here: * Like walk turn to the right make a circle in 3 steps & touch

5-8 1/4 Turn L Step L fwd (06:00), 1/4 Turn L Step R fwd (03:00), Step L fwd (03:00), Touch R

beside L (03:00)

III. K STEP

1-2 Step R fwd diagonal R, Touch L beside R

| 3-4 | Step L back to center diagonal L, Touch R beside L |
|-----|--|
| 5-6 | Step R back diagonal R, Touch L beside R |

7-8 Step L back to center diagonal L, Touch R beside L

PHRASED C (32 counts)

I. GRAPEVINE R - FULL TURN L ROLLING VINE

1-4 Step R to side, Cross L behind R, Step R to side, Touch L beside R
5-6 1/4 Turn L Step L fwd (09:00), 1/2 Turn L Stepping back on R (03:00)

7-8 1/4 Turn L Step L to side (12:00), Touch R beside L

II. TWICE SIDES & TOUCH BEHIND - V STEP

| 1-2 | Step R beside L, Touch L behind R slightly |
|-----|--|
| 3-4 | Step L beside R, Touch R behind L slightly |
| 5-6 | Step R fwd diagonal R, Step L fwd diagonal L |
| 7-8 | Step R back to center, Close L together |

III. GRAPEVINE - 1/4 TURN R FWD - 1/4 TURN R TOUCH - TWICE SIDES & TOUCH (2x)

1-4 Step R to side, Cross L behind R, 1/4 Turn R Step R fwd (03:00), 1/4 Turn R Touch L beside

R (06:00)

5-6 Step L to side, Touch R beside L7-8 Step R to side, Touch L beside R

IV. GRAPEVINE - 1/4 TURN L FWD - 1/4 TURN L TOUCH - TWICE SIDES & TOUCH (2x)

1-4 Step L to side, Cross R behind L, 1/4 Turn L Step L fwd (03:00), 1/4 Turn R Touch L beside

R (12:00)

5-6 Step R to side, Touch L beside R7-8 Step L to side, Touch R beside L

NOTE:

I. TAG I (4c) after On Wall 4(B) 06:00

V STEP

1-2 Step R fwd diagonal, Step L fwd diagonal3-4 Step R back to center, Step L Close

II. CHANGE STEP

On Wall 6(A) after 28c (12:00)

On wall 6, do the dance until 27c, & Step LF next to RF on count 28, Touch R beside L

III. TAG II (8c) after On Wall 9 end phrased C (12:00)

SYNCOPATED STEP IN PLACE WITH RUN A LITTLE (R-L-R-L), OUT - OUT (R-L)

1&2&3&4 Step R(1), L(&), R(2), L(&), R(3), L(&) The R & L steps stay in place (like running in place),

Touch R beside L (4)

&5-6 Step R to side(&), Step L to side(5), Hold(6)
7-8 Raise your hands R & L sides up slowly