Dance Forever



Count: 32 Wand: 4 Ebene: Beginner / Improver

Choreograf/in: Derek Robinson (UK) - December 2024

Musik: Young Forever (Latino Remix) - Lian Ross: (Greatest Hits and Remixes)



The dance was choreographed by Derek Robinson to celebrate his 91st birthday

#32 count intro - Start with vocals on the word "young" - No tags or restarts

Sec 1 MAMBO SWAYS FORWARD, WALK 1/2 CIRCLE RIGHT

1&2 With weight on left touch right to side swaying hips right, recover onto left, step forward on

right

With weight on right touch left to side swaying hips left, recover onto right, step forward on

left

5-6-7-8 Walk in a wide ½ circle right (with attitude), stepping - R L R L (6.00)

Sec 2 FORWARD ROCK, COASTER STEP, SIDE ROCK, SAILOR 1/4 TURN

1-2 Rock forward on right, recover onto left

3&4 Step back on right, step left beside right, step forward on right

5-6 Rock to left side on left, recover onto right

7&8 Turning ¼ left cross left behind right, step right to right side, step left in place (3.00)

Sec 3 FORWARD, POINT, BACK, POINT, FORWARD ROCK, SHUFFLE 1/2 TURN

1-2-3-4 Step forward on right, point left toe to side, step back on left, point right toe to right side

5-6 Rock forward on right, recover onto left

7&8 Shuffle back ½ turn right stepping R L R (9.00)

Sec 4 ACROSS, SIDE, BEHIND-SIDE-CROSS, SIDE ROCK, BACK ROCK

1-2 Cross left over right, step right to right side,

3&4 Cross left behind right, step right to right side, cross left over right

5-6 Rock to right side on right, recover onto left

7-8 Rock back on right, recover on left

Begin again

Ending: Adjustment not required - The dance finishes at the end of wall 12 facing the front