Good Hearted Woman



Count: 32 Wand: 4 Ebene: Beginner / Improver

Choreograf/in: René Debril (FR) - December 2024

Musik: Good Hearted Woman - West

Intro: 16 Counts - No Tag - No Restart

S1 SIDE ROCK, CROSS SHUFFLE, STEP 1/4 TURN R, CROSS SHUFFLE

1-2	RF to the R. Recover on L	F
1-2	RE to the R. Recover on L	

3&4 Cross RF over LF, LF to the L, Cross RF over LF

5-6 LF Fwd, ¼ Turn R (Weight on RF) 3:00

7&8 Cross LF over RF, RF to the R, Cross LF over RF

S2 POINT SWITCHES, HEEL SWITCHES, KICK BALL STEP X 2

1&2 R Point to the R, Together, L Point to the L

& Together

3&4 R Heel Fwd, Together, L Heel Fwd

& Together

5&6 Kick RF Fwd, Together, LF Fwd 7&8 Kick RF Fwd, Together, LF Fwd

S3 ROCK STEP, TRIPLE FULL TURN *, CROSS, SIDE, BEHIND -SIDE - CROSS

1-2 RF Fwd, Recover on LF

3&4 Triple step in Full Turn R (R-L-R) * (Easy Option : Coaster Step)

5-6 Cross LF over RF, RF to the R

7&8 Cross LF Behind RF, RF to the R, Cross LF over RF

S4 SIDE ROCK, CROSS SHUFFLE, HINGE ½ TURN R, CROSS SHUFFLE

1-2 RF to the R, Recover on LF

3&4 Cross RF over LF, LF to the L, Cross RF over LF
5-6 ¼ Turn R – LF Back, ¼ Turn R – RF to the R 9:00
7&8 Cross LF over RF, RF to the R, Cross LF over RF

Written especially for the 15th anniversary of the American Dream on 11/30/2024

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