

Am I Ok?

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Lesley Klewinghaus (DE) - December 2024

Musik: Am I Okay? - Megan Moroney



Intro: Start On Lyrics

Restart: Wall 5 after 16 counts, see note below

[1-8] R KICK BALL CHANGE, CHASSE R, ¼ SAILOR TURN L, WALK WALK

1&2 Kick R Fwd., Step On R, Step On L
3&4 Step R To Side, Step L Next To R, Step R To Side
5&6 Step L Behind R Turning ¼ L, Step R To Side, Step L In Place
7-8 Walk R, Walk L

[9-16] OUT, OUT, IN, IN, WALK BACK R & L, ¼ SAILOR TURN R, STEP L ACROSS, STEP R SIDE

&1&2 Step R To Side, Step L To Side, Step R In, Step L In
3-4 Walk Back R, Walk Back L
5&6 Step R Behind L Turning ¼ R, Step L To Side, Step R In Place
7-8 Step L Across R, Step R To Side (restart here on wall 5, see note below)

[17-24] ROCK BACK L, ¾ TURN R, SHUFFLE FWD, ROCK R FWD, RECOVER L

1-2 Rock L Back, Recover R
3-4 Step L Back Turning ¼ R, Step R Fwd Turning ½ R
5&6 Step L Fwd, Step R Next To L, Step L Fwd
7-8 Rock R Fwd, Recover L

[25-32] BACK POINT, BACK POINT, R BEHIND L, ¼ TURN L WALK, WALK WALK

1-2 Step Back R, Point L To Side
3-4 Step Back L, Point R To Side
5-6 Step R Behind L, Step L To Side Turning ¼ L
7-8 Step R Fwd, Step L Fwd

Restart on Wall 5 after 16 counts, do the following: -

7-8 Step L across R, touch R next to L, start again!

Just DANCE

Last Update: 3 Dec 2024