

# Forever Young (HB)

**COPPER KNOB**  
BY SHEETS

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Suzie Wong (UK) - November 2024

Musik: Forever Young - Alphaville & LABACK



Start at approx. 19 seconds (count in after the word "the" on "are you gonna drop the (5678) bomb or not")

## SECTION 1: CROSS ROCK, CHASSE R, CROSS ROCK, CHASSE ¼ L

- 1, 2 Cross rock right over left, Recover on left
- 3 & 4 Step R to the right side, Step L next to right, Step R to right side
- 5, 6 Cross rock L over R, Recover on right
- 7 & 8 Step L to left side, Step R next to L, ¼ L stepping forward on L (9 O' clock)

## SECTION 2: FULL TURN LEFT, SHUFFLE FORWARD, ROCK STEP, COASTER STEP

- 1 On ball of left foot make ½ turn Left, Stepping back Right
- 2 On ball or right make ½ turn Left, Stepping forward Left (9 O' clock)
- 3 & 4 Step forward Right, Step Left beside Right, Step forward Right
- 5,6 Rock forward on Left, Recover back on Right
- 7 & 8 Step back on Left, Step Right beside Left, Step forward on Left (9 O' clock)

## SECTION 3: ROCK STEP, SHUFFLE ½ TURN, ROCK STEP, COASTER CROSS

- 1, 2 Rock forward on right, recover on left (9 O' clock)
- 3 & 4 Make ½ turn over right shoulder, Step forward Right, Step Left beside Right, step right foot forward (3 O'clock)
- 5,6 Rock forward on Left, Recover back on Right
- 7 & 8 Step back on Left, Step Right beside Left, Step Left foot across Right foot (3 O' clock)

## SECTION 4: SIDE, HOLD, BALL STEP, SIDE, TOUCH, ROLLING LEFT VINE & BRUSH

- 1, 2 Step R to R side, hold (3 O' clock)
- & 3, 4 Step L beside R, step R to R side, touch L beside R
- 5, 6 Step L to L side ¼ turn L, step back on R ½ turn L
- 7, 8 Step L to L side ¼ turn L, brush R across L

Without a rolling vine 5-7: Do a left grapevine without turning (step L to L side, cross R behind L, step L to L side and brush right across left)

For my lovely hubby Bob, as the original is one of his favourite songs ☐