

# Oh Na Na

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Bambang Satiyawan (INA) - November 2024

Musik: Oh Na Na - Mohombi



No tag, 2 restarts

## SECTION I. CROSS - SIDE - SAILOR STEP - CROSS - TURN ¼ LEFT AND BACK STEP - COASTER STEP

- 1 – 2 Cross RF over LF, Step LF to side
- 3 & 4 Cross RF behind LF, Step LF slightly to side, Step RF to side
- 5 – 6 Cross LF over RF, Turn ¼L Step RF back
- 7 & 8 Step LF back, Step RF together, Step LF forward

## SECTION II. WALK (RF-LF) - FORWARD MAMBO - BACK WALK WITH HEEL GRIND - ANCHOR STEP

- 1 – 2 Step RF forward, Step LF forward
- 3 & 4 Step RF forward, Step LF in place, Step RF back
- 5 – 6 Step LF back with grind RF heel, Step RF back with grind LF heel
- 7 & 8 Rock LF behind RF, Recover on RF, Rock LF back

**\*Restart here on wall 2 & 5**

## SECTION III. CROSS - HOLD - SIDE - CROSS - TURN ¼ LEFT AND STEP FORWARD - PIVOT 1/4 LEFT - CROSS SHUFFLE

- 1 –2& Cross RF over LF, Hold, Step LF to side
- 3 – 4 Cross RF over LF, Turn ¼ left Step LF forward
- 5 – 6 Step RF forward, Turn ¼ left Step LF in place
- 7 & 8 Cross RF over LF, Step LF to side, Cross RF over LF

## SECTION IV. SIDE ROCK RECOVER WITH HEEL GRIND - BEHIND - SIDE - CROSS - SWAY RIGHT LEFT - TOE STRUT

- 1 – 2 Rock LF to side, Recover on RF with grind LF heel
- 3 & 4 Step LF behind RF, Step RF to side, Cross LF over RF
- 5 – 6 Step RF to side by Swaying right, Sway left
- 7&–8& Touch RF toe, Step RF heel down, Touch LF toe, Step LF heel down

Enjoy the dance...

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