

# Feeling So Lento ...

**COPPER** **KNOB**  
BY SHEPHERD

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Novi3NLD (INA) & Katarina Sherrina (INA) - November 2024

Musik: Lento - Rudy Mancuso



**Intro: 16C - NO TAG & NO RESTART**

## **S1. VAUDEVILLE R/L, FORWARD& BACK MAMBO**

- 1&2& Cross RF over LF, Step LF to L, Touch RF heel diagonal fwd R, Step RF next to LF  
3&4& Cross LF over RF. Step RF to R, Touch LF heel diagonal fwd L, Step LF next to RF  
5&6. Rock RF fwd, Recover onto LF, Step back on RF  
7&8. Rock back on LF, Recover onto RF, Step LF fwd

## **S2. CROSS MAMBO R/L, ½R. MAMBO TURN, SAMBA WALK STYLE**

- 1&2. Rock RF to R, Recover onto LF, Cross RF over LF  
3&4. Rock LF to L, Recover onto RF, Cross LF over RF  
5&6. Rock RF fwd, Recover onto LF, Turn ½R. Step RF fwd  
7&8. Walk with your knees slightly bent RLR

## **S3. ¾R. DIAMOND (03.00)**

- 1&2. Cross RF over LF, Step LF to L, Turn ¼R. Step back on RF (07.30)  
3&4. Step back on RF, Turn ¼R. Step RF to R, Turn ¼R. Step LF fwd (10.30)  
5&6. Step RF fwd, Turn ¼R. Step LF to L, Turn ¼R. Step back on RF (01.30)  
7&8. Step back on LF, Turn ¼R. Step RF to R, Step LF fwd (03.00)

## **S4. SAMBA WISK R/L, FORWARD & BACKWARD TRIPLE STEP**

- 1&2. Step RF to R, Rock LF behind RF, Recover on RF  
3&4. Step LF to L, Rock RF behind LF, Recover on LF  
5&6. Step RF fwd, Step LF beside RF, Step RF in place  
7&8. Step back on LF, Step RF beside LF, Step LF in place

**HAPPY & HEALTHY LINEDANCE ♥◻♥◻♥◻**

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