

Long Time Ago in Bethlehem

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: mBah Wir (INA) - November 2024

Musik: Mary's Boy Child - Boney M.



Start dance on words ".Long time... .."

S1: BACK ROCK, RECOVER, FORWARD LOCK SHUFFLE, FORWARD ROCK, RECOVER, ¼ LEFT CHASSE

- 1-2 Rock R back (1), Recover on L(2)
3&4 Step R forward (3), Lock L behind R (&), Step R forward (4)
5-6 Rock L forward (5), Recover on R (6)
7&8 Make ¼ left turn step L to side (7), Step R next to L (&), Step L to side (8) 9.00

S2: CHA CHA BOX

- 1-2 Step R forward (1), Step L forward (2)
3&4 Step R to side (3), Step L next to R (&), Step R to side (4)
5-6 Step L back (5), Step R back (6)
7&8 Step L to side (7), Step R next to L (&), Step L to side (8)

* Restart here on Wall 3, Wall 6 & Wall 10

S3: CHARLESTON, CROSS OVER, SIDE, CROSS BEHIND, SWEEP

- 1-4 Step R forward (1), Kick L forward (2), Step L back (3), Touch R back (4)
5-8 Cross R over L (5), Step L to side (6), Cross R behind L (7), Sweep L from front to back (8)

S4: BACK LOCK SHUFFLE, ¼ LEFT LOCK SHUFFLE WITH ¼ LEFT, KICK BALL CHANGE

- 1&2 Step L back (1), Cross R over L (&), Step L back (2)
3&4 Step R back (3), Cross L over R (&), Step R back (4)
5&6 Make ¼ left turn step L forward (5), Lock R behind L (&), Make ¼ left turn step L forward (6)
3.00
7&8 Kick R forward (7), Step on ball of R next to L (&), Step L in place (8)

HAVE FUN!

TAG (4 Count) at the end of Wall 1, Wall 4, Wall 8

- 1-4 Step R to side (1), Touch L beside R (2), Step L to side (3), Touch R beside L (4)

* Restart during Wall 3, Wall 6 & Wall 10

For more questions about this dance please contact me at: jfdc2009@gmail.com .or.
ekohariprasetyo68@gmail.com