# Helpless in a Honky Tonk

Ebene: Intermediate

Choreograf/in: Michelle Wright (USA) - November 2024 Musik: Country Song Came On - Luke Bryan

**Count: 32** 

Dance starts 32 counts in on lyric "Long" Restart wall 3 after 24 counts making a 1/4 turn to restart

### Section 1: Nightclub basic, ¼, ¼ pivot, Cross rock, Side rock, Sailor, Together

- 1 2& Step R to R side, Step L slightly behind R, cross R over L 34& <sup>1</sup>/<sub>4</sub> turn L stepping L forward, Step R forward, <sup>1</sup>/<sub>4</sub> pivot L (6:00)
- Cross rock R over L, Recover on L, Rock R to R side, Recover on L 5&6&
- Cross R behind L, Step L to L side, Step R to R side, Step L next to R 7&8&

## Section 2: Side, ¼ back, Back, ¾ lock step, Syncopated rocking chair, ¼ pivot, Cross, Side

- 1 2& Step R to R side, 1/8 turn L stepping L back, Step R back (4:30)
- 34& % turn stepping L forward, Lock R behind L, Step L forward (12:00)
- 5&6& Rock R forward, Recover on L, Rock R back, Recover on L
- 7&8& Step R forward, 1/4 pivot L, cross R over L, Step L to L side (9:00)

### Section 3: Cross, Sweep, Weave w/ sweep, Weave, Scissor step, 1/4, 1/2

- 1 Step R and slightly over L as you sweep L from back to front
- 2&3 Cross L over R, Step R to R side, Cross L behind R as you sweep R from front to back
- 4&5 Cross R behind L, Step L to L side, Cross R over L
- 6&7 Step L to L side. Step R next to L. Cross L over R
- 1/4 turn L stepping R back, 1/2 turn L stepping L forward (12:00) 8&

### Restart here on wall 3

### Section 4: 1/4 Nightclub basic, Nightclub Basic, Syncopated side touches, Rolling vine w/cross

- 1 2& 1/4 turn L stepping R to R side, Step L slightly behind R, Cross R over L (9:00)
- 3,4& Step L to L side, Cross R slightly behind L, Cross L over R
- 5&6& Step L to L side, touch R next to L, Step R to R side, Touch L next to R
- 7&8& Make <sup>1</sup>/<sub>4</sub> turn right stepping forward R (7), make <sup>1</sup>/<sub>2</sub> turn right stepping back L (&), make <sup>1</sup>/<sub>4</sub> turn right stepping R to right side (8), cross L over R (&) (9:00)

Non turning option: 7&8&: Step R to R side, Cross L behind R, Step R to R side, Cross L over R

Ending: Final Wall is wall 9 facing 12:00 dance up to count 4 then to end facing 12:00 change section 1 &5 to 1/2 pivot L weight on L, 1/4 turn L doing a big step to R

End of dance!

Any questions email michellelinedance@gmail.com





Wand: 4