

Country Roads

Count: 32

Wand: 4

Ebene: Easy Beginner

Choreograf/in: Sonja Hemmes (USA) - November 2024

Musik: Country Roads - Hermes House Band



TRIPLE, ROCK BACK

- 1&2 Step right to right side, step left next to right, right to right side
- 3-4 Rock left back, step on right
- 5&6 Step left to left side, step right next to left, left to left side
- 7-8 Rock right back, step on left

ROCK AND CROSS, SIDE, CROSS

- 1-2 Rock right to right side, step left next to right
- 3&4 Step right in front of left, left to left side, right in front of left
- 5-6 Rock left to left side, step right next to left
- 7&8 Step left in front of right, right to right side, left in front of right

HEEL, TOE, HEEL, STEP TOGETHER

- 1-2 Touch right heel forward, touch right toe in front of left
- 3-4 Touch right heel forward, step right next to left
- 5-6 Touch left heel forward, touch left toe in front of right
- 7-8 Touch left heel forward, step left next to right

ROCK FORWARD, TRIPLE STEP TURN 1/4 RIGHT, LEFT MAMBO, SWAY

- 1-2 Rock right forward, step on left
- 3&4 Step right to right side, step on left, step on right turn $\frac{1}{4}$ right
- 5&6 Step left to left side, step on right, step left next to right
- 7-8 Sway right, left

At the end of the 5th rotation the music slows down. Dance the next 32 counts at the 3 o'clock wall to the beat of the music. The music will then speed up. Keep dancing at the faster paise. The music and the dance is so much fun. Keep on Dancing!
